



LEADERS-IN-TRAINING, ROCKIES BACKPACKING & SAC DENE

AGE: 17 (must be the correct age by Dec 31, 2020)

WHAT TO EXPECT:

“Success isn’t about how much money you make, it’s about the difference you make in people’s lives” – Michelle Obama

The skills you gain from these programs are extremely transferable to a wide variety of future volunteer, study, and employment opportunities.

Our standards and the expectations on Leaders-in-training (LIT) participants are high. Counselling at a summer camp can be challenging. We expect to see a lot of growth in all our participants and we know that this growth can be hard. Making a transition between camper and volunteer or staff is a smooth transition for some and a challenging experience for others. Those who accept and believe in the YMCA mission and who engage in the program with a positive energy and engagement will find the program invaluable!

Alberta High School Credits

Participants in both LIT programs are eligible to participate in the credit program, offered in partnership with Canadian Rockies Public Schools. To receive credits, participants must be an Alberta resident and currently enrolled in High School.

COST: \$1000 – Leaders in Training

COST: \$5300 – Rockies Backpacking *NEW PROGRAM*

COST: \$6500 – Sac Dene





Main-Site LIT

Here is what you will be able to add to your resume after the Main-Site LIT Program:

- ✓ 2 weeks of intensive training that ranges from risk management to camper care
- ✓ In-depth, facilitated reflection on past camper experiences to deepen understanding of self
- ✓ Develop leadership skills that involve public speaking, responsibility, facilitating group experiences and more
- ✓ Confidence and a strong set of personal values
- ✓ Incorporated feedback to improve as a leader

Training + Expedition	OFF	Volunteer Session	OFF	Volunteer Session
July 5-17	July 18 Time off begins at approximately 4pm Friday July 17	July 19-24 Return to Camp by 8am Sunday July 19	July 25 Time off begins at approximately 4pm Friday July 24	July 26-31 Return to Camp by 8am Sunday July 26 Program ends at 4pm Friday July 31

Rockies Backpacking

Here is what you can add to your resume after the Rockies Backpacking LIT Program:

- ✓ 1 week of intensive training that ranges from risk management to camper care
- ✓ In-depth, facilitated reflection on current and past camper experiences to deepen understanding of self
- ✓ Develop leadership skills that involve public speaking, responsibility, facilitating group experiences and more
- ✓ Confidence and a strong set of personal values
- ✓ Incorporated feedback to improve as a leader
- ✓ Stewardship of the land, both as trail participant and builders

Training + Volunteer Session	OFF	Backpacking Expedition
July 5-17	July 18 Time off begins at approximately 4pm Friday July 17	July 19-August 28 Return to Camp by 8am Sunday July 19





Sac Dene

Here is what you can add to your resume after the Sac Dene LIT Program:

- ✓ 1 week of intensive training that ranges from risk management to camper care
- ✓ In-depth, facilitated reflection on current and past camper experiences to deepen understanding of self
- ✓ Develop leadership skills that involve public speaking, responsibility, facilitating group experiences and more
- ✓ Confidence and a strong set of personal values
- ✓ Incorporated feedback to improve as a leader
- ✓ First hand community involvement and impactful interactions



Training + Volunteer Session	OFF	Canoe Expedition
July 5-17	July 18 Time off begins at approximately 4pm Friday July 17	July 19-August 28 Return to Camp by 8am Sunday July 19

*NEW for 2020	<p>Skills development weekends for Leadership and Leaders-in-Training campers.</p> <p>- These weekends will provide an opportunity for participants to get acquainted with the summer leadership program. Campers will meet trip leaders and fellow campers. The weekend will be an introduction to the outdoor leadership skill that participant will further develop at camp.</p> <p>Choose one weekend (Fri 6pm – Sun 3:30pm): May 15-17 May 22-24 May 29-31 June 5-7</p> <p>Registration for these skills weekends begins in January – watch your email inbox for details</p>
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see next page for more information



Important Dates

Applications due: January 19, 2020

Interviews: February 1 & 2, 2020

Results: March 2020

Application Instructions

Selection for LIT is done through an application and interview process.

Please complete the following:

- ✓ Online Application: [click here](#)
 - This application will ask for:
 - Proof of Residence (passport, birth certificate, or PR card)
 - Resume
 - Letter of Intent (see below)
 - Alberta Student Number
- ✓ Submit 3 references to Checkster.
 - We will invite you to complete this via email once you have submitted your application. Please ensure that you have correct email addresses for three (3) references.

NOTE: candidates must complete and submit ALL the above to be considered for the program

The letter of intent should address the following:

- ✓ The importance of participating in the LIT program to you
- ✓ Describe the goals do you have for yourself in the program
- ✓ How your personal goals relate to the goals and expectations of the LIT programs
- ✓ Explain how you have helped to create a positive and caring camp community
- ✓ How you will continue to contribute to the camp community, with specific examples

Interviews

Interviews will be scheduled by our registration office with the applicant once their complete application has been received. Out-of-town applications can be interviewed by phone.

The interviews are comprised of a group panel discussion, individual interviews, and a group activity. The process is designed to allow each applicant a chance to express themselves while also demonstrating the YMCA core values and having fun!

Questions can be sent to: cchy@ymcocalgary.org

Building healthy communities