



# YAMNUSKA

**AGE RANGE:** 10-12 (must be the correct age by Dec 31, 2020)

**NUMBER OF OPTIONS:** 2 (10-11Y, 12Y)

## WHAT TO EXPECT WITH ALL OPTIONS:

The Yamnuska program is a great introduction to sleep-over camp at Camp Chief Hector YMCA.

- 6 days of activities such as team-building, challenge course, climbing tower, archery, waterfront, arts and crafts and more give campers a taste of what life at Camp is all about
- Schedules are created with input from campers, and campers also have an evening or two where they can choose their own adventure during Freebies!
- Experiencing the routines of camp is a focus of the Yamnuska section so campers feel comfortable returning next summer for the 13-day Mistaya or Kananaskin programs
- Overnight camping trip (one-night) and full-day hike to increase campers' feelings of comfort and belonging with living outdoors. Groups stay in 3-walled structures or tents
- *What's not included: horses, pool, and off-site activities. We know these activities are popular. In this short introduction to Camp we are not able to offer all activities.*

NOTE: The Yamnuska program is an appropriate choice for those campers new to sleep-over camp. Returning campers are encouraged to register for Mistaya or Kananaskin programs which include the full complement of Camp activities.

**COST:** \$775

Visit [camps/camp-chief-hector](https://www.yamnuska.com/camps/camp-chief-hector) for session dates and fees and registration instructions. Returning campers AND new campers\* can register online at [YMCA Online](https://www.yamnuska.com).

\*New campers MUST contact the Camp office to set up an account and get an ID# and PIN.  
403-269-6156 or 1-866-430-9622



See page 2 for more information



OPTION BREAKDOWN:

	Yamnuska (10-11Y)	Yamnuska (12Y)
<b>What makes this option unique:</b>	<ul style="list-style-type: none"><li>- 10-11Y Yamnuska campers have an overnight camp-out, leaving after dinner. They will bring along their breakfast for the next morning</li><li>- They will also participate in a day hike and pack along a lunch</li><li>- Groups will focus on developing a sense of belonging and comfort being at Camp and away from home</li></ul>	<ul style="list-style-type: none"><li>- 12Y Yamnuska campers have an overnight camp-out during their session. They will bring along both dinner and breakfast</li><li>- They will also participate in a day hike and pack along a lunch</li><li>- Groups will focus on strengthening their bonds as a team and their understanding of living out-of-doors</li></ul>