



MISTAYA

AGE RANGE: 10-11 (must be the correct age by Dec 31, 2020)

NUMBER OF OPTIONS: 2 (Hike, Trail biking)

WHAT TO EXPECT:

The Mistaya program is 13-day overnight program with the goal to increase campers' sense of belonging with the camp community, the outdoors, and providing each camper with opportunities to challenge themselves during their time at camp.

- 13 days of amazing programs and activities such as team-building, challenge course, outdoor rock climbing, horseback riding, waterfront, and more
- 3-day (2 night) hiking trip near to Camp Chief Hector. Campers will help carry group gear and discover what it means to live outside by helping to set up the campsite, cook food, and be an independent group in the backcountry.
- Mistaya staff intentionally create spaces and opportunities for campers to develop their own community by facilitating discussions about what it means to be a team and to belong to a group. Using this as a base, campers are given opportunities to learn more about themselves, others and the environment.
- During these 13 days, campers face challenges, overcome differences, and can deepen their understanding of empathy and belonging.

NOTE: Our 6-day Yamnuska program is an appropriate option for 10- & 11-year-old campers who are new to sleep-over camp. Returning campers are encouraged to register for the Mistaya camps described above.

COST: \$1425



See page 2 for more information



Visit camps/camp-chief-hector for session dates and fees and registration instructions.
Returning campers AND new campers* can register online at [YMCA Online](#).

*New campers MUST contact the Camp office to set up an account and get an ID# and PIN.
403-269-6156 or 1-866-430-9622

OPTION BREAKDOWN:

	Hike	Trail Biking
What makes this option unique:	<ul style="list-style-type: none">- In addition to the regular activities, these campers spend time exploring the site on foot	<ul style="list-style-type: none">- In addition to the regular activities, these campers spend much of their time at camp on bikes!- They learn simple maintenance, basic skills, and get to have a lot of fun cruising the trails around camp.