



FAMILY CAMP PACKING LIST

ALL CAMPERS: Please adjust numbers for all members of your family			
CLOTHING	GEAR	TOILETRIES	OPTIONAL
<input type="checkbox"/> Rain jacket <input type="checkbox"/> Rain pants <input type="checkbox"/> 6-day supply of underwear and socks <input type="checkbox"/> 2 pairs of long pants <input type="checkbox"/> 2 pairs of shorts <input type="checkbox"/> 4 T-shirts <input type="checkbox"/> 2 long-sleeved shirts <input type="checkbox"/> 2 warm sweaters <input type="checkbox"/> 1 pair pajamas <input type="checkbox"/> 1 Swim suit	<input type="checkbox"/> Day pack (school bags are usually a good fit) <input type="checkbox"/> 1-litre water bottle <input type="checkbox"/> Warm sleeping bag (recommended for tipis/yurt) OR Bedding (single beds in longhouse and clusters) <input type="checkbox"/> Pillow and extra blanket <input type="checkbox"/> Laundry bag <input type="checkbox"/> 2 towels (one for showers, one for swimming) <input type="checkbox"/> Running shoes/hiking boots <input type="checkbox"/> Rubber boots <input type="checkbox"/> Sandals <input type="checkbox"/> Sun hat <input type="checkbox"/> Flashlight or headlamps (and extra batteries) <input type="checkbox"/> Warm toque and mitts	<i>Tip: a labeled zip lock bag works well for storing toiletries</i> <input type="checkbox"/> Sunscreen, sunglasses, lip balm, insect repellent <input type="checkbox"/> Toothbrush and toothpaste <input type="checkbox"/> Soap, shampoo, and conditioner (small bottles are best) <input type="checkbox"/> Comb or brush <input type="checkbox"/> Deodorant <input type="checkbox"/> Personal medications (please leave medications in their original packaging and pack them in a ziploc bag labelled with name)	<input type="checkbox"/> Bear Spray if you plan on doing own hiking/ exploring <i>*should be carried by a trained adult</i> <input type="checkbox"/> Camera <input type="checkbox"/> Bug net (for tipis) <input type="checkbox"/> Books and word puzzles for bedtime <input type="checkbox"/> White Item to TIE DYE <input type="checkbox"/> Snacks (<i>nut free, please leave these items in your car or in common area fridges, accommodations are not suitable for keeping food in</i>) <input type="checkbox"/> ADULT SOCIAL EVENINGS: <i>*Please note that outside alcohol is not permitted. A cash bar will be provided Saturday evening</i>
PLEASE LABEL ALL ITEMS with name and last initial			
<p>Weather: Campers participate in activities in a variety of weather – Summer can range from hot, sunny, and dry to cold, wet or even snowy weather.</p> <p><i>Tip:</i> pack clothing items that can be layered to ensure your family is comfortable in both hot and cool weather</p>			

Commitment to Family Time

- Please leave electronics (cell phones, iPods, gaming devices, etc.) at home – campers and staff at Camp Chief Hector are making a choice to be in the moment, experience new things together, and connect with their environment.



(we actually do have wi-fi, but let's leave that strictly for vital work and focus on being together)



TIPS and TRICKS!	LOST AND FOUND
<ul style="list-style-type: none"> ✓ Plastic bins or hockey bags are great for organizing clothes and keeping them dry and secure in the tipi ✓ Label all items with name and last initial 	<ul style="list-style-type: none"> ✓ Please keep expensive valuables and other items that would be greatly missed at home. Camp Chief Hector YMCA is not responsible for lost, broken or stolen items ✓ During the session, Lost and Found is placed on a shelf for campers to look at and find their lost items ✓ You will be invited to attend a Lost and Found day at Shane Homes YMCA at Rocky Ridge in September to browse for your missing items
ARRIVAL and DEPARTURE	ITEMS TO LEAVE AT HOME
<ul style="list-style-type: none"> ✓ Please arrive between 10:00 and 10:30 AM on Sunday ✓ Park in Bowfort Parking lot, check in at Bowfort Lodge ✓ Community meeting and activity sign up starts at 11:00AM sharp. ✓ Lunch on opening day will begin at 1:00PM ✓ Camp will finish directly after lunch on Friday 	<ul style="list-style-type: none"> ✓ Jewelry ✓ Money ✓ Candy (or kept in your car) ✓ Expensive electronics/cameras ✓ Bear bells

GETTING TO CAMP FROM CALGARY

Travel west on Highway 1 (Trans-Canada Hwy.) approximately 75 km from Calgary city limits. Take exit 114A (the second of a dual exit for Highway 1X South). The road takes you across the highway to a STOP sign at a “T” intersection. Turn right and follow the road to the camp gate. From the camp gate follow **YMCA Road** to Bowfort Lodge and Bowfort parking lot (on the right).

Other information available on our [website](#) includes the following topics

- Map and Directions to Camp
- Camper Medication Information and Transportation at [Family Zone](#)
 - o Must be completed at least 2 weeks before your child starts camp
- Safety and Risk Management
- Cancellation Policy
- Merchandise
- And more!

Have more questions?

Please contact Jared Baillie or Anja Vreeker if you have questions about these programs or what to pack.

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