






GRADE 6 YMCA PROGRAM ACTIVITY CALENDAR

GET ACTIVE
BE INDEPENDENT
BECOME A LEADER
BE SOCIALLY RESPONSIBLE
MAKE CONNECTIONS

Shane Homes
January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Holiday Hours 9:00-8:30 	2	3	4 Youth Yoga 4:00-4:45 Youth Cycle 5:00-5:45	5
6 Family Gym 12:30-2:00 Gym 2	7	8 Art Night : Bracelet Making 4:30-6:00 Family Fitness & Fun 6:15-7:00	9	10	11 <i>Flames Friday</i> Grade 6 Multi-Sport: 4:00-5:00 Youth Yoga 4:00-4:45 Youth Cycle 5:00-5:45 Flames Friday: Flames Lounge 5:30-7:30	12
13 Family Gym 12:30-2:00 Gym 2	14 Grade 6 Skating @ Leisure Ice 5:00-5:45	15 Art Night : Popsicle Stick Picture Frames 4:30-6:00 Family Fitness & Fun 6:15-7:00	16	17	18 <i>Flames Friday</i> Scavenger Hunt @ Remington 6:30-8:30 Barcode 145322 NO BUSING PROVIDED 	19
20 Family Gym 12:30-2:00 Gym 2	21	22 Art Night: Zentangle Art 4:30-6:00 Family Fitness & Fun 6:15-7:00	23	24	25 <i>Flames Friday</i> Rock Climbing Event @ Saddletowne 6:30-8:30 Barcode 145321 	26
27 Family Gym 12:30-2:00 Gym 2	28 Grade 6 Skating @ Leisure Ice 5:00-5:45	29 Art Night: Dream Catchers 4:30-6:00 Family Fitness & Fun 6:15-7:00	30	31		

NOTE

Rock Climbing

On Jan 25th we will be heading over to Saddletowne to try out the Rock Climbing Wall. Never climbed before? That is okay, all levels are welcome! If you are interested in joining us, register with barcode: **145321** and fill out a registration form. Busing is provided.

Skating

We will be zipping around the ice, playing games and having a blast on the Leisure Ice at Shane Homes. In order to join us you must bring your own skates, a winter sport helmet (skate/ski) and a permission form.

Family Gym

Family Gym is a time on Sunday where there is space set aside in the gym for families and children to come in and be active. It will run from 12:30-2:00 in Gym 2.