



GRADE 6 YMCA PROGRAM ACTIVITY CALENDAR

GET ACTIVE
BE INDEPENDENT
BECOME A LEADER
BE SOCIALLY RESPONSIBLE
MAKE CONNECTIONS

Shawnessy
January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy New Year!	2	3	4	5 Open Climb 1pm—3pm
6 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	7 Open Climb 7:15pm—8:30pm	8 Drop in Orientation 4pm—6pm	9 Arts & Crafts! 4pm—5pm 3D Sculpture (Preschool room) Multisport! 5pm—6pm Basketball (Gym 1)	10 Yoga Night! 7:15pm—8:15pm (Studio room) Open Climb 7pm—8pm	11 Sport Night! (Belly Baseball) Soccer 6:30pm—7:30pm Gym 1 Youth Only Open Climb 5pm—8pm	12 Open Climb 1pm—3pm
13 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	14 Open Climb 7:15pm—8:30pm	15 Drop in Orientation 4pm—6pm	16 Arts & Crafts! 4pm—5pm 3D Wonder scene (Preschool room) Multisport! 5pm—6pm Soccer (Gym 1)	17 Yoga Night! 7:15pm—8:15pm (Studio room) Open Climb 7pm—8pm	18 Grade 6 Scavenger Hunt! @Remington YMCA at Quarry Park 6:30pm—8:30pm *See notes for more information*	19 Open Climb 1pm—3pm
20 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	21 Open Climb 7:15pm—8:30pm	22 Drop in Orientation 4pm—6pm	23 Arts & Crafts! 4pm—5pm Make your own snow (Preschool room) Multisport! 5pm—6pm Handball (Gym 1)	24 Yoga Night! 7:15pm—8:15pm (Studio room) Open Climb 7pm—8pm	25 Grade 6 Rock Climbing Scramble! @Saddletowne YMCA 6:30pm—8:30pm *See notes for more information*	26 Open Climb 1pm—3pm
27 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	28 Open Climb 7:15pm—8:30pm	29 Drop in Orientation 4pm—6pm	30 Arts & Crafts! 4pm—5pm Build your own foosball table (Preschool room) Multisport! 5pm—6pm Badminton (Gym 1)	31 Yoga Night! 7:15pm—8:15pm (Studio room) Open Climb 7pm—8pm		

NOTES:

Grade 6 Scavenger Hunt! @Remington YMCA

Register today at Membership services, barcode 145322. The Scavenger Hunt will take place at Remington YMCA. Channel your inner Detective! Come on in and take part in our Scavenger Hunt! Be the first to find and solve the clues and be the top sleuth of the night.
*Transportation **WILL** be provided from Shawnessy branch*

Grade 6 Rock Climbing Scramble! @Saddletowne YMCA

Never rock climbed before? That's ok! Join us on our Rock Climbing night. Register today at Membership services, barcode 145321. Learn through fun interactive games on the wall. You will be climbing like Spidey in no time!
*Transportation **WILL NOT** be provided from Shawnessy as the activity is being held at Saddletowne*

Yoga Night!

Interested in getting in shape with a variety of different poses? Yoga is the place for you! Please bring a water bottle, some good running shoes, and yoga mats if you have any!