



Melcor YMCA at Crowfoot

8100 John Laurie Blvd NW
(403) 547-6576

YMCA CALGARY

GYM SCHEDULE

Interim 2018

Effective: Dec 31 - Jan 6

FACILITY HOURS (workout and pool areas close 30 minutes prior to facility closing)

Monday - Friday

5:30am - 10:30pm

Saturday, Sunday & Holidays

7:00am - 8:30pm

Schedule is subject to change | Modified December 6, 2018

Preschool Youth Adult Drop-In

Members Only

CHILD = 0Y - 11Y | YOUTH = 12Y - 17Y | ADULT = 18Y & OVER

* = Must Check in at Front Desk prior to class

Time	Dec-31				Jan-01				Jan-02				Jan-03				Jan-04				Jan-05				Jan-06							
	Gym 1	Gym 2	Multipurpose Room 1	Multipurpose Room 2	Weight Floor/RmA	Gym 1	Gym 2	Multipurpose Room 1	Multipurpose Room 2	Weight Floor/RmA	Gym 1	Gym 2	Multipurpose Room 1	Multipurpose Room 2	Weight Floor/RmA	Gym 1	Gym 2	Multipurpose Room 1	Multipurpose Room 2	Weight Floor/RmA	Gym 1	Gym 2	Multipurpose Room 1	Multipurpose Room 2	Weight Floor/RmA	Gym 1	Gym 2	Multipurpose Room 1	Multipurpose Room 2	Weight Floor/RmA		
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MELCOR YMCA AT CROWFOOT IDENTIFICATION POLICY

For the health and safety of all participants and the security of their property and the property of YMCA Calgary, all participants twelve years of age and older must provide appropriate photo identification to gain access to the facility.

* RESERVING A SPOT IN LIMITED ACCESS DROP-IN CLASSES

Participants must sign-in for limited access drop-in classes beginning 30-minutes before start time.
For Members Only Badminton: Sign up at Member Services. Play time is restricted to 30 minutes per 2 members, and a maximum of 1 hour per household per day.

USAGE AND GUIDELINES

- Fitness classes will run with a minimum of three participants. Minimum participant age is 12 years.
- Children under eight years of age must be directly supervised by an adult at all times.
- Appropriate clothing and footwear required in workout areas.
- Food and glass containers are not permitted in activity areas and locker rooms.

CHILD MINDING HOURS (Child Minding direct phone number: 403-241-4618)

December 31st	9:00am-1:00pm
January 1st	Closed
January 2nd, January 4th	8:30am-5:00pm
January 3rd	8:30am-8:00pm
January 5th, January 6th	9:00am-1:00pm

Note: Child Minding will open only if a minimum of 3 children are booked 24 hours in advance.