



MISTAYA

AGE RANGE: 10-11 (currently in grade 5 or 6)

NUMBER OF OPTIONS: 2

WHAT TO EXPECT:

The Mistaya program is 13-day overnight program with the goal to increase campers' sense of belonging with the camp community, the outdoors, and providing each camper with opportunities to challenge themselves during their time at camp.

- 13 days of amazing programs and activities such as team-building, challenge course, outdoor rock climbing, horseback riding, waterfront, and more
- 3-day (2 night) hiking trip near to Camp Chief Hector. Campers will help carry group gear and discover what it means to live outside by helping to set up the campsite, cook food, and be an independent group in the backcountry.
- Mistaya staff intentionally create spaces and opportunities for campers to develop their own community by facilitating discussions about what it means to be a team and to belong to a group. Using this as a base, campers are given opportunities to learn more about themselves, others and the environment.
- During these 13 days, campers face challenges, overcome differences, and can deepen their understanding of empathy and belonging.

NOTE: Our 6-day Yamnuska program is an appropriate option for 10- & 11-year-old campers who are new to sleep-over camp. Returning campers are encouraged to register for the Mistaya camps described above.





OPTION BREAKDOWN:

	Hike	Trail Biking
What makes this option unique:	<ul style="list-style-type: none"> - In addition to the regular activities, these campers spend time exploring the site on foot 	<ul style="list-style-type: none"> - In addition to the regular activities, these campers spend much of their time at camp on bikes! - They learn simple maintenance, basic skills, and get to have a lot of fun cruising the trails around camp.

COST, DATES AND BARCODES:

AGE by Dec 31 2019	Current grade in school	MISTAYA		Cost	1 Jul 7-19	2 Jul 21-Aug 2	3 Aug 4-16	4 Aug 18-30
10-11 Y	Grade 4 or 5	HIKE	female	\$1,400	149493	149494	149495	149496
			male		149503	149504	149505	149506
		TRAIL BIKING	female		149497	149498	149499	149609 (mixed group)
			male		149507	149508	149509	149610