



LEADERSHIP

AGE RANGE: 16 (currently in grade 10)

NUMBER OF OPTIONS: 4

WHAT TO EXPECT WITH ALL OPTIONS:

Leadership is an exciting program for campers who are ready to tackle new challenges, take on more responsibility and develop as young leaders. Campers in this section are role models for younger campers and help shape a community of belonging.

- 27-days of activities that are democratically chosen as a group as well as some pre-scheduled activities, these can include high ropes, escape room, challenge course, team-building, waterfront and more!
- Expedition Preparation and Planning – campers are involved with getting ready for their trip by looking at maps, route and meal planning and packing gear and food.
- Expedition training - an overnight trip to get comfortable with the basics of living out-of-doors, and a longer trip to allow campers the opportunity to thrive. During this time, outdoor living skills are built upon to allow campers to take on more responsibility and leadership as they gain a better sense of belonging and comfort in nature and with their group.
- During their month at camp, leadership campers:
 - ✓ Gain interpersonal skills that are beneficial in any upcoming job searches
 - ✓ Flourish as leaders within their group and with our younger campers
 - ✓ Develop a deeper understanding of outdoor risk management
 - ✓ Confidently live outdoors and learn skills to make future trip planning a breeze
 - ✓ Earn High School credits (like Outdoor Cooking and Survival Skills)
 - ✓ Share a fantastic experience with peers
 - ✓ These skills and experiences will last a lifetime!

LOOKING FOR A HORSE-BASED LEADERSHIP EXPERIENCE? **Come to YMCA Camp Gray Jay!**





OPTION BREAKDOWN:

	HIKE	MOUNTAIN ARTS	CANOE	EQUINE LEADERSHIP 15
<p>What makes this option unique:</p>	<ul style="list-style-type: none"> - Campers are encouraged to develop their hiking skills and comfort level, they will spend much of their time exploring the area on foot - Multi-day (15-18) expedition in the backcountry empowers campers to make steps in their growth, leadership, and comfort hiking in the Rockies 	<ul style="list-style-type: none"> - Campers are encouraged throughout their time to be creative, and participate in lessons on photography, sketching, and painting - Multi-day (15-18) expedition in the backcountry with sketching materials and cameras are a great opportunity to gain experience and inspiration as they continue their creative endeavors 	<ul style="list-style-type: none"> - Campers spend a lot of their time at camp developing their canoe skills and comfort level of different types of water (lake and river) - Multi-day (15-18) expedition on an experience and skill-appropriate river and/or lake in Alberta 	<ul style="list-style-type: none"> - Much of the time at Camp will be focused on the practical learning opportunities in horsemanship and riding skills, horse behaviour and herd dynamics, equine care practices, safety awareness and hazard mitigation, ethics and ecological impact of Leave No Trace, and the historical significance of horses in the Rockies - Outside of course time, students become campers! They will have opportunities to bond with other campers their age and participate in activities that can include high ropes, escape room, challenge course, team-building, or waterfront. Scheduling is group, weather, and time dependent - During the 6-days, these campers experience a strong sense of community, learn and grow, and have the potential to thrive in a new and exciting way



COST, DATES AND BARCODES

LEADERSHIP			JULY Jul 7-Aug 2	AUGUST Aug 4-30		
16Y	HIKE (mixed groups)	female	149483	149484		
		male	149489	149490		
			Jul 21 - Aug 16			
	CANOE (mixed group)	female	149481			
		male	149487			
	MOUNTAIN ARTS (mixed group)	female	149485			
		male	149491	G - Aug 18-23	H - Aug 25-30	
	EQUINE LEADERSHIP 15 (mixed groups)	female		149715	149716	
		male		149717	149718	

ALMOST CONVINCED? READ THESE TESTIMONALS:

My experience with LD hike was lifechanging. I believe that all the minutes spent during LD changed the way I see the world, changed me in the most positive way possible. Over the month I met and became extremely close with all the people in my group (including counsellors) and will keep in contact all of them for years into the future. The 18-day hike provided me with a chance to think into my past and future, create memories, and form bonds that I will value for the rest of my life. Overall the benefits of the LD hike will change and shape my life in the best way possible. (U)



The Leadership section is an exciting option for campers who are ready to tackle new challenges. The leadership program is probably the best decision I've ever made. It has taught me to have more confidence in myself and to try new things. If you are considering going into the leadership program at Camp Chief Hector YMCA, I would 100% do it, it was an experience I will never get to experience again at this age and I'm very grateful for this opportunity. (A)

My experience in LD hike was amazing. It was life-changing and doing this program was one of the best decisions I've ever made. (GT)