



GRADE 6 YMCA PROGRAM ACTIVITY CALENDAR

GET ACTIVE
BE INDEPENDENT
BECOME A LEADER
BE SOCIALLY RESPONSIBLE
MAKE CONNECTIONS

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Open Climb 7pm—8pm	2 Flames Friday! Lounge Night! (Ping Pong, Basketball Arcade, Fooseball) 5pm—6pm Family Room Youth Only Open Climb 5pm—8pm	3 Open Climb 1pm—3pm
4 Family Yoga 11:15am—12:15pm Family Climb 12pm—2 pm	5 Drop in Orientation 4pm –6pm	6 Drop in Orientation 4pm –6pm	7 Arts & Crafts! 4pm—5pm Message Boards (Preschool room) Multisport! 5pm—6pm Basketball (Gym 1)	8 Yoga Night! 7:15pm—8:15pm Studio room Open Climb 7pm—8pm	9 Flames Friday! Sport Night! (Belly Baseball) Soccer 6:30pm—7:30pm Gym 1 Youth Only Open Climb 5pm—8pm	10 Open Climb 1pm—3pm
11 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	12 Drop in Orientation 4pm –6pm Open Climb 7:15pm—8:30pm	13 Drop in Orientation 4pm –6pm Open Boulder 7pm—7:30pm	14 Arts & Crafts! 4pm—5pm Votive decoupage (Preschool room) Multisport! 5pm—6pm Soccer (Gym 1)	15 Open Climb 7pm—8pm	16 Flames Friday! Are you smarter than a 5th Grader Game Night 5pm –6pm Family Room Youth Only Open Climb 5pm—8pm	17 Open Climb 1pm—3pm
18 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	19 Drop in Orientation 4pm –6pm Open Climb 7:15pm—8:30pm	20 Drop in Orientation 4pm—6pm Open Boulder 7pm—7:30pm	21 Arts & Crafts! 4pm—5pm Learn to draw : Cartooning (Preschool room) Multisport! 5pm—6pm Floor Hockey (Gym 1)	22 Yoga Night! 7:15pm—8:15pm Stud Open Climb 7pm—8pm	23 Flames Friday! Minute to Win it Games 5pm - 6pm Family Room Youth Only Open Climb 5pm—8pm	24 Open Climb 1pm—3pm
25 Family Yoga 11:15am—12:15pm Family Climb 12pm—2pm	26 Drop in Orientation 4pm –6pm Open Climb 7:15pm—8:30pm	27 Drop in Orientation 4pm –6pm Open Boulder 7pm—7:30pm	28 Arts & Crafts! 4pm—5pm Zentangle (Preschool room) Multisport! 5pm—6pm Badminton (Gym 1)	29 Yoga Night! 7:15pm—8:15pm Studio room Open Climb 7pm—8pm	30 Goalball Activity Night! 6:30pm—8:30pm *See notes for more information*	

NOTES:

Goalball Activity Night!

Register today at Membership services, barcode 141062. Goalball Activity Night will take place at Shawnessy YMCA. Goalball is a team sport played by those with a vision impairment. This is also offered to able-bodied individuals. Test your skills, challenge yourself to try something new!

Arts & Crafts!

Interested in making different arts and crafts? Come to the Preschool room and try it out as every week is a new project! Our instructor Lynn will have all supplies ready for you to create something cool and unique!

Yoga Night!

Interested in getting in shape with a variety of different poses? Yoga is the place for you! Please bring a water bottle, some good running shoes, and yoga mats if you have any!