



The Gray Family Eau Claire YMCA

101 - 3 Street SW
(403) 269-6701

POOL SCHEDULE

CHECK THE YMCA App FOR THE MOST UP TO DATE SCHEDULE

Effective: July 3rd - August 26th

FACILITY HOURS (locker rooms close 30 minutes later)

Monday to Friday 5:30am - 10:00pm
Saturday, Sunday & Holidays 7:00am - 6:30pm

***Please be advised this is a working draft and is subject to change**

YMCA CALGARY

	FREE MEMBER DROP-IN	REGISTRATION REQUIRED	REGISTERED SWIMMING LESSONS	YOUTH DROP IN	BOOKINGS	DAY CAMPS	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
25 METRE POOL	TRAINING POOL	25 METRE POOL	TRAINING POOL	25 METRE POOL	TRAINING POOL	25 METRE POOL	TRAINING POOL
5:30							
6:00	Triathlon Training 6:00-7:00	Swim Fit 6:00-7:00	Triathlon Training 6:00-7:00	Swim Fit 6:00-7:00	Lane Swim 5:30-7:00		
6:30	Adult Lessons 7:00-8:00	Masters 7:00-8:00	Adult Lessons 7:00-8:00	Masters 7:00-8:00	Adult Lessons 7:00-8:00		
7:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00		
7:30	Open Swim 5:30-9:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00	Open Swim 5:30-9:00		
8:00	Open Swim 8:00-9:00	Open Swim	Open Swim	Open Swim	Lane Swim 8:00-9:00		
8:30	Lane Swim 5:30-11:30	Lane Swim 5:30-11:30	Lane Swim 5:30-11:30	Lane Swim 5:30-11:30	Lane Swim 5:30-11:30		
9:00	Swim Lessons 11:30	Swim lessons 11:30	ISwim lessons 9:00-11:30	Swim Lessons 11:30	Swim Lessons 9:00-11:30		
9:30	Lessons 9:00-10:45	Swim Lessons 9:00-11:30	Swim Lessons 9:00-11:30	Swim Lessons 9:00-11:30	Lessons 9:00-11:30		
10:00							
10:30							
11:00							
11:30							
12:00	Adult lane swim 11:30-1:15	Adult Lane Swim 11:30-1:15	Adult Lane Swim 11:30-1:15	Adult Lane Swim 11:30-1:15	Adult Lane Swim 11:30-1:15		
12:30							
1:00							
1:30							
2:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00		
2:30	Day Camps 1:15-4:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00	Day Camps 1:15-4:00		
3:00	Lane Swim 1:15-5:15	Lane Swim 1:15-5:15	Lane Swim 1:30-5:15	Lane Swim 1:15-5:15	Lane Swim 1:15-5:30		
3:30			Open Swim 1:30-5:30				
4:00	Open Swim 4:00-5:15	Open Swim 4:00-5:15	Open Swim 4:00-5:15	Open Swim 4:00-5:15	Open Swim 4:00-5:30		
4:30	Open Swim 4:00-5:30	Open Swim 4:00-5:30	Open Swim 4:00-5:30	Open Swim 4:00-5:30	Open Swim 4:00-5:30		
5:00							
5:30	Masters 5:15-6:30	Triathlon 5:15-6:30	Masters 5:15-6:30	Triathlon 5:15-6:30	Swim Lessons 5:30-7:00		
6:00	Swim Lessons 5:30-7:30	Lessons 5:30-7:30	Swim Lessons 5:30-7:30	Swim Lessons 5:30-7:30	Swim Lessons 5:30-7:00		
6:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
7:00	Swim Lessons 7:00-8:15	Swim Lessons 7:00-8:15	Swim Lessons 7:00-8:15	Swim Lessons 7:00-8:15	Swim Lessons 7:00-8:15		
7:30	Open Swim 7:30-10:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00		
8:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00	Open Swim 7:30-10:00		
8:30	Swim Fit 8:00-9:00	Swim Fit 8:00-9:00	Swim Fit 8:00-9:00	Swim Fit 8:00-9:00	Swim Fit 8:00-9:00		
9:00	Lane Swim 8:30-10:00	Lane Swim 8:15-10:00	Lane Swim 8:30-10:00	Lane Swim 8:15-10:00	Lane Swim 7:00-10:00		
9:30	Open Swim 8:15-10:00	Open Swim 8:15-10:00	Open Swim 8:15-10:00	Open Swim 8:15-10:00	Open Swim 7:00-10:00		
10:00							

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Childminding (Schedule Subject to Change)			
Monday	8:30am-1:00pm 4:00pm - 8:00pm	Friday	8:30am-3:30pm
Tuesday	8:30am-1:00pm 4:00pm - 8:00pm	Saturday	8:30am-3:30pm
Wednesday	8:30am-1:00pm 4:00pm - 8:00pm	Sunday	9:00am-1:00pm
Thursday	8:30am-1:00pm 4:00pm - 8:00pm	Stat Holidays	9:00am-1:00pm
		To Book call 403-781-1669	

YMCA CALGARY IDENTIFICATION POLICY
For the health and safety of all participants, and the security of their property and the property of YMCA Calgary, all participants eight years of age and older must provide appropriate identification to gain access to the facility.

SHOWERING POLICY
Showering is required by Alberta Health Services to rinse away any dirt, oils and personal care products from the skin prior to entering the pool. Rinsing and/or covering hair assists in reducing chemical levels in the pool - which means fewer skin and eye irritations.

- Children under eight years of age must be directly supervised by an adult in the water at all times. Ratio under adult supervision is one adult to two children maximum.
- Family Swim: All children under 18Y must be accompanied by an adult / guardian.
- H2O Workouts will run with a minimum of three participants. Minimum participant age is 12 years.
- Depending on other scheduled activities, lane swimming may be reduced to one lane.