



CHINIQUAY PACKING LIST

ALL CAMPERS - Should have the following items with them, plus the additional items that are specific for their overnight campout. **NOTE: Bolded items are essential for campers' success** – Please ensure that these items are good quality for camper comfort and care.

CLOTHING	GEAR	TOILETRIES
<input type="checkbox"/> Rain jacket <input type="checkbox"/> Rain pants <input type="checkbox"/> 6-day supply of underwear <input type="checkbox"/> 6-day supply of socks <input type="checkbox"/> 2 pairs of long pants <input type="checkbox"/> 2 pairs of shorts <input type="checkbox"/> 3 T-shirts <input type="checkbox"/> 2 long-sleeved shirts <input type="checkbox"/> 2 warm sweaters (fleece preferred) <input type="checkbox"/> 1 pair pajamas <input type="checkbox"/> 1 Swim suit	<input type="checkbox"/> Day pack (school bags are usually a good fit) <input type="checkbox"/> 1-litre water bottle <input type="checkbox"/> Warm sleeping bag (rated 0° to -7°C) <input type="checkbox"/> Pillow and blanket (for extra warmth and for closing ceremony) <input type="checkbox"/> 2 towels (one for showers, one for swimming) <input type="checkbox"/> Running shoes <input type="checkbox"/> Rubber boots <input type="checkbox"/> Sandals <input type="checkbox"/> Sun hat <input type="checkbox"/> Flashlight or headlamp <input type="checkbox"/> Warm toque and mitts	<i>Tip:</i> a labeled zip lock bag works well for storing toiletries <input type="checkbox"/> Sunscreen, sunglasses, lip balm , insect repellent <input type="checkbox"/> Toothbrush and toothpaste <input type="checkbox"/> Soap, shampoo, and conditioner (small bottles are best) <input type="checkbox"/> Comb or brush <input type="checkbox"/> Deodorant

PLEASE LABEL ALL ITEMS with name and last initial

Weather: Campers participate in activities and out trips in a variety of weather – Summer can range from hot, sunny, and dry to cold, wet or even snowy weather.

Tip: pack clothing items that can be layered to ensure your camper is comfortable in both hot and cool weather

Not sure where to start? Mountain Equipment Co-op (MEC) has a wide selection of outdoor adventure specific clothing and gear that is affordable. Other places, including MEC and University of Calgary – Outdoor Centre also rent gear and can give you a good idea of what works best for you, your camper, and your budget.

Age Specific - In addition to what is listed above, please include the items listed for your campers age group.

7-8Y (CABIN Groups)	8/9Y (TIPI and YURT Groups)
<input type="checkbox"/> Backpack – roomy enough to fit sleeping bag and a few extra items of clothing (campers will carry this to their overnight site)	<input type="checkbox"/> Backpack – roomy enough to fit sleeping bag, a few extra items of clothing (campers will carry this to their overnight site) <input type="checkbox"/> Sleeping pad

Overnight Campout

- ✓ Cabin groups take their sleeping bag and extra clothes to a nearby tipi site for the night
- ✓ Tipi and Yurt groups take their sleeping bag, extra clothes, and sleeping pad to a nearby tent site
- ✓ All groups bring radios and sites are checked nightly
- ✓ In the case of bad weather, groups may be moved closer to the lodge, or stay in their tents on covered porches



OPTIONAL:	PLEASE LEAVE AT HOME:
<input type="checkbox"/> Camera (disposable recommended) <input type="checkbox"/> Bug net (for tips) <input type="checkbox"/> Books and word puzzles for bedtime or downtime <input type="checkbox"/> Small stuffed animal	<input type="checkbox"/> Electronics (cell phones, iPods, gaming devices, etc.) <input type="checkbox"/> Jewelry <input type="checkbox"/> Candy or other food items <input type="checkbox"/> Money <input type="checkbox"/> Multi-tool

FOR PARENTS AND GUARDIANS

TIPS and TRICKS!	LOST AND FOUND
<ul style="list-style-type: none"> ✓ Label all items with name and last initial ✓ Campers love mailing home! Send your camper with pre-addressed, pre-stamped envelopes, paper and pen ✓ Play with your gear before arriving to camp! This is a great way to make sure things fit, campers know how to use everything which will make them feel more comfortable when they arrive and go on their overnight trip 	<ul style="list-style-type: none"> ✓ Please keep expensive valuables and other items that would be greatly missed at home. Camp Chief Hector YMCA is not responsible for lost, broken or stolen items ✓ Consider sending a list of packed items with your camper that they can double check as they pack to go home. ✓ During the session, Lost and Found is placed on a shelf for campers to look at and find their lost items ✓ Lost and Found will be kept until the end of the session following the one attended

Other information available on our [website](#) includes the following topics

- Homesickness and Preparing for Camp
- Camper Medication Information and Transportation at [Family Zone](#)
 - o Must be completed at least 2 weeks before your child starts camp
- Safety and Risk Management
- Communicating with Your Camper

More questions?

Please contact Jared Baillie or Anja Vreeker if you have questions about these programs or what to pack.

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