inspiring hearts minds

CANADIAN ROCKIES
Public Schools

EQUINE LEADERSHIP 15

A 3-credit course for Alberta High School students

4 days / 3 nights

$435 per student

LOCATIONS

Located in Kananaskis Country, approximately a one hour drive from Calgary, **Camp Chief Hector YMCA** has operated outdoor camp and community programs for over 80 years. Situated in picturesque Bow Valley Provincial Park in the front range of the Canadian Rocky Mountains, Camp Chief Hector YMCA emphasizes, individual growth, leadership development, environmental stewardship, and fun!

Gray Jay is a YMCA site located North-West of Sundre, Alberta on the North-East border of Banff National Park (approximately a three hour drive from Camp Chief Hector main site). The site is in close proximity to the Ya-Ha Tinda Ranch, an area known for its spectacular scenery and excellent horseback and hiking trails.

For more information, call Camp Chief Hector YMCA

403-269-6156 or 1-866-430-9622

www.ymcacalgary.org
www.olc.crps.ca

Equine Leadership 15

PROGRAM OVERVIEW

This exciting course combines leadership with horsemanship. Students will earn three Alberta High School credits for completing this experiential education program. Equine Leadership 15 is an engaging and dynamic opportunity for students to learn more about themselves, equine practices, the Alberta landscape and ecology, and local history through applied horsemanship and riding, leadership skill development, and team building.

This four day program provides students with practical learning opportunities in horsemanship and riding skills, horse behaviour and herd dynamics, equine care practices, safety awareness and hazard mitigation, ethics and ecological impact of Leave No Trace, and the historical significance of horses in the Canadian Rocky Mountains.

All learning activities and after-learning activity time are supervised by male and female YMCA staff and teachers.

Learning activities are scheduled between 7:00am and 9:30pm with lights-out at 10:30 pm. Fees include shared, dormitory-style accommodations, instruction and meals. Participant families are responsible for transportation to and from Camp Chief Hector YMCA.

PACKING LIST

Clothing
- ❑ 2-3 t-shirts
- ❑ 1-2 long sleeve shirts (synthetic or wool)
- ❑ 2-3 warm sweaters (fleece or wool)
- ❑ 1-2 pairs pants or shorts
- ❑ 6-8 pairs of socks (synthetic or wool)
- ❑ 4-5 pairs underwear
- ❑ 1 pair thermal base layer (top & bottoms)
- ❑ 1 pair pajamas
- ❑ 1-2 pairs running shoes/hiking shoes/boots
- ❑ 1 warm toque & gloves
- ❑ 1 sun hat/baseball cap
- ❑ 1 pair sunglasses

Personal items
- ❑ 1-2 towels
- ❑ 1 headlamp or flashlight (and extra batteries)
- ❑ sunscreen, lip balm, insect repellent
- ❑ toothbrush & toothpaste
- ❑ soap, shampoo, & conditioner
- ❑ comb or brush
- ❑ deodorant
- ❑ personal medications
- ❑ notebook & pens/pencils

Gear
- ❑ 1 rain jacket & pants (durable, 100% waterproof)
- ❑ 1 pair rubber boots
- ❑ 1 pair riding boots (must have a 1cm heel)
- ❑ 1-2 pairs pants for riding (jeans ideal)
- ❑ 2 water bottles (1 L)
- ❑ 1 day pack (school bag is fine)
- ❑ 1 warm sleeping bag (rated 0° to -7°)
- ❑ 1 pillow and blanket (for extra warmth)

Optional
- ❑ camera
- ❑ musical instrument
- ❑ books

Please leave at home
- ❑ electronics (cell phones, iPods, etc.)
- ❑ jewelry
- ❑ candy or other food items
- ❑ Money

Plastic bins or hockey bags are great for organizing clothes and keeping items dry and secure

Label all items with name and last initial

Equine Leadership 15

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STUDENT INFORMATION

_____ ☐ Female ☐ Male
Name (First & Last)

_____ _____
Date of birth Alberta Student Number

Riding Level:
- ❑ Beginner (has not ridden or rides occasionally)
- ❑ Intermediate (has taken lessons and/or rides regularly)
- ❑ Advanced (walk/jog/lope comfortably and/or rides frequently)

PLEASE SELECT DATES

- ❑ Friday, May 5 - Monday, May 8 2017
- ❑ Tuesday, May 23 - Friday, May 26 2017
- ❑ Friday, Jun 2 - Monday, Jun 5 2017
- ❑ Friday, Sep 15 - Monday, Sep 18 2017*
- ❑ Friday, Sep 29 - Monday, Oct 2 2017

**offered at the YMCA Gray Jay site*

FAMILY INFORMATION

_____ _____
Parent/Guardian's Name (First & Last) Relationship to student

_____ _____ _____ _____
Address City Prov Postal code

_____ _____ _____
Home phone number Cell phone number Email address

ACKNOWLEDGEMENT OF RISK & PARENT/GUARDIAN PERMISSION

I, _____ the parent/guardian of _____, recognize that my child will participate in Equine Leadership 15 activities at Canadian Rockies Outdoor Learning Centre and Camp Chief Hector YMCA as sanctioned by Canadian Rockies Public Schools. The purpose of this activity is outlined in the attached documentation.

This activity involves certain risks, dangers and hazards to the participants. These may include, but are not limited to, personal injury, death, property damage, expense and other loss, delay or inconvenience, and trip or event cancellation or curtailment.

Specific risks associated with Equine Leadership 15 activities include but are not limited to hypothermia, injury, illness, dehydration, burns, sprains, illness from food or waterborne contaminants, tick bites, sunburn, heat stroke, lightning, wind, rain, snow, fog, rock fall, injuries from horses or riding horses, separated from the group, loss of gear, encounters with wildlife, transportation to and from the site, the acts or omissions of the instructors, the acts or omissions of other participants, and equipment malfunctions.

I also understand that during this off-site activity, authorized staff of Camp Chief Hectors YMCA, Canadian Rockies Outdoor Learning Centre, supervisory adults, as well as employees of other agencies associated with this activity will endeavour to instruct, protect, and care for the wellbeing of my child as would I in their place, including making decisions regarding the medical care of my child.

I understand that my child will be expected to uphold the behaviour expectations of students of Canadian Rockies Outdoor Learning Centre as in any other school endeavour as outlined in the Student Code of Conduct. I understand that my child's failure to abide by behaviour expectations could result in his/her removal from the activity without refund.

I have discussed the risks and expectations of this activity with my child and have confidence that my child has understood them. As parent/guardian, I will ensure my child is appropriately prepared and has the necessary equipment.

I am aware that the Canadian Rockies Public Schools does not provide any accidental death, disability, dismemberment or medical expenses insurance on behalf of my child participating in this activity. I am also aware that the principal, coordinator, or lead teacher reserves the right to postpone, terminate or cancel an activity at any time and with little notice if the activity can no longer be conducted in a safe and secure manner. I realize that I may not receive all or any of the money I had thus far invested and accept the loss without expecting reimbursement from the School.

I have read and understood the above statements at my leisure, understood the nature of the document and its content. I consent to the participation of my child in this activity and associated activities.

_____ _____ _____
Printed Name of Parent/Guardian Signature of Parent/Guardian Date

_____ _____ _____
Printed Name of Witness Signature of Witness Date

Scan your completed form to cchy@ymcacalgary.org. You will be contacted for payment.