



# YMCA Calgary

## Camp Chief Hector YMCA Summer Camp

### YAMNUSKA 10-13Y – HECTOR LODGE

#### PROGRAM OPTIONS

Hike 10-11Y

Hike 12-13Y



All campers enrolled in the 6-day Yamnuska program focus on exploring the outdoors, making new friends and learning about teamwork while they have adventures that help them make connections with the natural world that will last a lifetime.

#### WHAT TO EXPECT

- Yamnuska campers will live in tipis near Hector Lodge for the duration of their 6-day program. Yamnuska campers will find that most of the program areas a short walk from their tipis.
- A wide variety of activities will be scheduled into their stay at camp. These in-camp activities include archery, waterfront canoeing, animal game, climbing, arts and crafts, campfire, games and high ropes.
- Experienced, qualified and friendly staff members
  - o Standard First Aid and CPR and/or basic Wilderness First Aid
  - o Comprehensive staff training that includes group leadership and risk management
- The Yamnuska section provides campers (first time or graduating from the Chiniquay program) a chance to develop their skills, knowledge and comfort level while still keeping the time away from home fairly short.
- Each year campers can expect to review/learn new skills and leadership strategies. Yamnuska campers learn their role in risk management, safe cook site practices, communicating with tipi mates, and develop their self-confidence.

Click for the [Yamnuska packing list](#).

#### YAMNUSKA HIKE – 10-11Y

Campers in this program are expected to share personal goals and develop group goals for both their in-camp activities as well as their day hike and overnight camping experience.

#### Overnight camping trip:

- Before leaving, groups discuss goals and risk management topics such as wildlife concerns and common camping practices, such as the Leave No Trace movement.

*Building healthy communities*



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- Campers will leave after dinner from Hector lodge for a short hike to their camping site, either a 3 walled shelter or a tent.
- The next day, campers will set out on a full day hike with a picnic lunch after dropping off their overnight gear (sleeping bags, extra clothing or food items).

YAMNUSKA HIKE 10-11Y FEMALE   \$675 + GST			YAMNUSKA HIKE 10-11Y MALE   \$675 + GST		
Session	Dates	Barcode	Session	Dates	Barcode
A	Jul 2 - 7	120305	A	Jul 2 - 7	120314
B	Jul 9 - 14	120306	B	Jul 9 - 14	120315
C	Jul 16 - 21	120307	C	Jul 16 - 21	120316
D	Jul 23 - 28	120308	D	Jul 23 - 28	120317
E	Jul 30 - Aug 4	120309	E	Jul 30 - Aug 4	120318
F	Aug 6 - 11	120310	F	Aug 6 - 11	120319
G	Aug 13 - 18	120312	G	Aug 13 - 18	120320
H	Aug 20 - 25	120313	H	Aug 20 - 25	120321

### YAMNUSKA HIKE – 12-13Y

Campers in this program are expected to share personal goals and develop group goals for both their in-camp activities as well as their day hike and overnight camping experience. This program builds on the previous year of Yamnuska (10-11Y) first time campers can join in the fun!

#### Overnight camping trip:

- Before leaving, groups discuss goals and risk management topics such as wildlife concerns and common camping practices, such as the Leave No Trace movement.
- Campers will leave after dinner from Hector lodge for a short hike to their camping site, either a 3 walled shelter or a tent.
- The next day, campers will set out on a full day hike with a picnic lunch after dropping off their overnight gear (sleeping bags, extra clothing or food items).
- Groups are encouraged to push themselves and go a little bit further than the younger campers, both for their overnight and hike experience.

YAMNUSKA HIKE 12-13Y FEMALE   \$675 + GST			YAMNUSKA HIKE 12-13Y MALE   \$675 + GST		
Session	Dates	Barcode	Session	Dates	Barcode
A	Jul 2 - 7	120104	A	Jul 2 - 7	120106
B	Jul 9 - 14	120105	B	Jul 9 - 14	120107
C	Jul 16 - 21	120164	C	Jul 16 - 21	120166
D	Jul 23 - 28	120165	D	Jul 23 - 28	120167
E	Jul 30 - Aug 4	120220	E	Jul 30 - Aug 4	120222
F	Aug 6 - 11	120221	F	Aug 6 - 11	120223
G	Aug 13 - 18	120272	G	Aug 13 - 18	120274
H	Aug 20 - 25	120273	H	Aug 20 - 25	120275