



YMCA CALGARY | Shawnessy Climbing Wall Winter 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Wall Closed OR School Bookings		Wall Closed OR School Bookings			Creative Heights (4-5Y) 9:00am-10:00am	
9:30		Wall Closed OR School Bookings		Wall Closed OR School Bookings			
10:00						Bugaboos (6-8Y) 10:00-11:00am	
10:30	Wall Closed OR School Bookings		Wall Closed OR School Bookings				
11:00		Wall Closed OR School Bookings		Wall Closed OR School Bookings	Creative Heights (4-5Y) 11:00am-12:00pm	Hangdogs (9-11Y) 11:00-12:30pm	
11:30							
12:00	Wall Closed OR School Bookings		Wall Closed OR School Bookings				
12:30		Wall Closed OR School Bookings		Wall Closed OR School Bookings			
1:00							
1:30	Wall Closed OR School Bookings		Wall Closed OR School Bookings			Open Climb 1:00-3:00pm	Open Climb 12:00-4:00pm
2:00		Wall Closed OR School Bookings		Wall Closed OR School Bookings			
2:30							
3:00	Wall Closed OR School Bookings		Wall Closed OR School Bookings				
3:30				Wall Closed OR School Bookings		Birthday Party Bookings 3:00-5:00pm *Please see Member Services to Book*	
4:00		Bugaboos (6-8Y) 4:00-5:00pm		Wall Closed OR School Bookings	Billy Goats (4-5Y) 4:45-5:30pm		
4:30							
5:00	Billy Goats (4-5Y) 5:15-6:00pm	Bugaboos (6-8Y) 5:00-6:00pm	Bugaboos (6-8Y) 4:45-5:45pm	Billy Goats (4-5Y) 4:45-5:30pm	Flames Friday Youth-Only Open Climb (10-17Y) 5:00pm-8:00pm		
5:30			Billy Goats (4-5Y) 5:45-6:30pm	Bugaboos (6-8Y) 5:30-6:30pm			
6:00	Bugaboos (6-8Y) 6:00-7:00pm	Rockjocks/Rockstars (12-17Y) 6:00-7:30pm	Hangdogs (9-11Y) 6:30-8pm	Bugaboos (6-8Y) 6:30-7:30pm			
6:30		Functional Training Ultimate Crux Resistance 7:30-9:00pm					
7:00	Open Climb 7:00-8:00pm		First Ascents (14+) 8:00-9:30pm	Open Climb 7:30-8:30			
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							

ADDITIONAL NOTES:

- Open participants must climb with a belayer
- Belayers are not provided by YMCA
- Schedule is subject to change
- Belayer must have passed a YMCA Belay test
- All Participants must have a waiver (minors signed by parent/guardian)
- Climbing Wall is closed on Statutory Holidays

