



# **Rocky Ridge YMCA Frequently Asked Questions**

## **When will the facility open?**

The facility is scheduled to open Feb. 1<sup>st</sup>, 2018

## **What are your hours of operation?**

Rocky Ridge YMCA Health, Fitness and Aquatics areas will be open from 5:30 a.m. to 10:30 p.m. weekdays and 7:00 a.m. to 8:30 p.m. weekends and holidays. Programming areas close thirty minutes before closing time.

## **Where is the Rocky Ridge YMCA located?**

11300 Rocky Ridge Rd. N.W.

## **How is the City of Calgary involved?**

The City provided funding and is building the project. YMCA Calgary is pleased to be working in partnership with the City to operate the facility as a YMCA.

## **When can I get a tour of the new YMCA?**

Tours will be available once YMCA Calgary has assumed possession of the building after construction. Currently, we expect tours to begin in Dec 2017 although that timeline is subject to change.

## **What is happening with the existing Melcor YMCA at Crowfoot?**

The Melcor YMCA at Crowfoot will remain open. YMCA Calgary is proud to expand its offerings in northwest Calgary through the opening of Rocky Ridge YMCA. The two facilities will work together to meet the diversity of needs for wellness programming in the area.

## **Accessibility**

Rocky Ridge YMCA is fully accessible to City of Calgary standards.

## **Will you have skate rentals and helmet rentals?**

We will not be providing those services at the Rocky Ridge YMCA.

## **Is there towel service?**



Towel service is not available at Rocky Ridge YMCA.

### **Admissions and Fees**

#### **What are the fees, rates and will it be different than other YMCA facilities?**

The membership rates will be the same as in other YMCAs in Calgary. We offer both city-wide pricing and city-wide memberships (a member of one Calgary YMCA is a member of all Calgary YMCAs.)

Membership and drop-in pricing will be comparable to other YMCA Calgary facilities.

Current membership pricing is available at [ymcocalgary.org](http://ymcocalgary.org)

#### **What is included with my membership?**

Your membership will include access to many amenities and programs, including opportunities in the strength and conditioning centre, aquatics centre, gymnasiums and on the leisure ice. Many programs and classes are included with membership. Members also get reduced rates and preferred access to YMCA programs.

#### **What are the admission guidelines?**

Members' admission guidelines will be similar to current access policies.

Groups renting space in the facility will be required to complete a rental agreement.

There will be drop-in opportunities daily at the facility.

Picture ID will be required for all guests accessing the facility.

#### **Will financial assistance be available?**

At YMCA, no one is turned away due to financial circumstances. YMCA has a variety of subsidy and access programs that can be accessed should an individual or family demonstrate need for support.

### **Facility Amenities**

The amenities at Rocky Ridge YMCA include:

#### **Aquatics**



The Aquatics Centre features an 8 lane 25m pool and wave pool with a water slide, on deck hot tub and 'lazy river'

### **Ice Rinks**

Rocky Ridge YMCA will feature one NHL size rink and one leisure rink

### **Gymnasiums**

The facility features three full size gymnasiums similar to what you would see at a university.

### **Fitness Centre**

Rocky Ridge YMCA contains a fully-equipped Strength and Conditioning floor with state-of-the-art cardio equipment, free weights, plate-loaded equipment, cable machines, Olympic lifting platforms and functional areas.

### **Running Track**

The facility is equipped with a three lane, 180-metre indoor running track.

### **Climbing Wall**

Rocky Ridge YMCA will include a custom-designed indoor climbing wall.

### **Multi-Purpose Rooms**

These spaces will be available for fitness classes and various other activities.

### **Theatre**

The 300-seat performance theatre is a multi-purpose space used for many different activities, events and rental opportunities, including:

- Recitals
- Dance Performances
- Theatre (rehearsals and productions)
- Speakers Series
- YMCA Children and Adult Programs

### **Art-making spaces**

Rocky Ridge YMCA will house two art-making spaces, one 'wet' and one 'dry'. These will provide opportunities for arts and crafts programming and, also, exhibition in a gallery space.

### **Calgary Public Library Services**



Calgary Public Library will open the Rocky Ridge Library within the facility.

For more information, please visit [calgarylibrary.ca](http://calgarylibrary.ca)

### **Childcare**

There will be a **62 space licensed full-day Childcare** onsite. This will be operated by YMCA Calgary and available to children age 12 months to 6 years.

It will utilize YMCA Playing to Learn, a national YMCA curriculum that helps children discover learning through creative play and aligns with primary school benchmarks.

There will also be short term **YMCA Child Minding services** onsite for use while parents are in the building. It will be available to children aged six weeks to 10 years, and it may be booked for a maximum of 2 hours per day per child.

YMCA Calgary **does not offer licensed before-and-after school care** for children in grades 1-6. However we have specific programming and drop-in opportunities for un-parented children 8 yrs. of age or older taking place in the after-school hours.

### **Food services**

Food services will be available on site. More information on that to be made available closer to the facility's opening date.

### **Physiotherapy and Massage Therapy**

Both physiotherapy and massage will be available on site. More information on those services will be made available closer to the facility's opening date.

### **Outdoor areas**

Outdoor areas include a basketball court, skateboard park and access to pathways and nature trails.

### **What type of locker rooms will be in the facility?**

Locker rooms in the Rocky Ridge YMCA facility include a male locker room, a female locker room and a universal locker room. There are no Plus-level locker rooms at Rocky Ridge YMCA, but those are available at the nearby Melcor YMCA at Crowfoot.

The universal locker room is a shared space which allows people to change in their own private cubicle rather than changing in front of others. Cubicles vary in size, some can accommodate a family of five, wheelchair users and attendants, or just individual users. All showers and washrooms are individual access only.



### **What type of programs will be offered?**

This facility will offer a full suite of quality YMCA programming including:

- Drop-in Fitness Classes (Cycling, Yoga, Step)
- Swimming Lessons
- Youth programs
- Preschool programs
- Adult programs
- Day Camps
- Arts programs
- Drop-in skating on leisure ice
- 'Sticks and pucks' programs on NHL-sized rink

### **What drop-in opportunities are available for my family?**

Drop-in opportunities include:

- access to the Aquatic Centre with a wave pool, slide, on deck hot tub, lazy river and access to the 8 lane 25 m lap pool
- Leisure ice will be available for skating on a drop-in basis
- Gymnasiums (open gym and other programs suitable for families)
- Climbing (open climbing times)
- Birthday Parties and Family programming

### **Rental Opportunities**

#### **Can individuals or groups rent portions of the building?**

Yes, there will be various rental opportunities for the pools, gymnasiums, ice, theatre, and art spaces. As each area is unique in terms of user groups, rental needs, etc., we are working with a number of community partners to help us manage this process appropriately and fairly. Rental information will be posted on our website.

#### **Can I rent spaces for birthday parties?**

Yes, these opportunities will be available and details will be available closer to the opening date.

### **Careers and Volunteers**

#### **When will job posting and volunteer positing be available?**



There will be many opportunities to work or volunteer at Rocky Ridge YMCA. All employment and volunteer postings will be on our website as they become available.

<http://www.ymcacalgary.org/careers-volunteers/>

**Where can I obtain more information about Rocky Ridge YMCA?**

Questions can be directed to:

**Brigitte Edwards**

General Manager

Rocky Ridge YMCA

YMCA Calgary

E: RRY@ymcacalgary.org

**Where can I obtain more information about YMCA Childcare opportunities at Rocky Ridge YMCA?**

Questions can be directed to:

**Caryl Broen**

General Manager, Early Years

YMCA Calgary

E: childcare@ymcacalgary.org