



Foundation



CALGARY FLAMES
GRADE 6 YMCA PROGRAM

Shine On

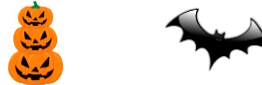
GRADE 6 YMCA PROGRAM

ACTIVITY CALENDAR

- GET ACTIVE
- BE INDEPENDENT
- BECOME A LEADER
- BE SOCIALLY RESPONSIBLE
- MAKE CONNECTIONS

Shane Homes YMCA

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				01 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 7-9 Badminton: 4:30 pm—5:30 pm Grade 7-9 Climbing: 5:45 pm—6:45 pm Grade 6 Speech & Debate: 6:00 pm – 7:00 pm	02 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Flames Friday: 4:30 pm—5:30 pm Grade 7-9 Intramurals: 5:30 pm—6:30 pm Grade 10-12 Intramurals: 6:30 pm—7:30 pm	03 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm Grade 6 Art – Visual Arts: 1:00 pm—2:00 pm 
04 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm	05 Shane Homes YMCA Rocky Ridge Grade 6 Fitness (Cycle): 4:30 pm—5:30 pm 	06 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Badminton: 4:30 pm—5:30 pm Grade 6 Esports Lab: 4:30 pm—5:30 pm Grade 6 Climbing A: 5:45 pm—6:45 pm Grade 6 Climbing B: 6:45 pm—7:45 pm	07 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—7:30 pm Grade 6 Volleyball: 4:30 pm—5:30 pm Grade 6 Creative Night: 5:30 pm—6:30 pm Grade 7-9 Intro to Debate: 5:30 pm—7:00 pm	08 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 7-9 Badminton: 4:30 pm—5:30 pm Grade 7-9 Climbing: 5:45 pm—6:45 pm Grade 6 Speech & Debate: 6:00 pm – 7:00 pm	09 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Flames Friday: 4:30 pm—5:30 pm Grade 7-9 Intramurals: 5:30 pm—6:30 pm Grade 10-12 Intramurals: 6:30 pm—7:30 pm	10 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm Grade 6 Art - Drama: 1:00 pm—2:00 pm 
11 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm 	12 Thanksgiving (No Regular Programs) 	13 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Badminton: 4:30 pm—5:30 pm Grade 6 Esports Lab: 4:30 pm—5:30 pm Grade 6 Climbing A: 5:45 pm—6:45 pm Grade 6 Climbing B: 6:45 pm—7:45 pm	14 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—7:30 pm Grade 7-9 Volleyball: 4:30 pm—5:30 pm Grade 6 Creative Night: 5:30 pm—6:30 pm Grade 7-9 Intro to Debate: 5:30 pm—7:00 pm	15 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 7-9 Badminton: 4:30 pm—5:30 pm Grade 7-9 Climbing: 5:45 pm—6:45 pm Grade 6 Speech & Debate: 6:00 pm – 7:00 pm Youth Stem Fundraiser: 6:00 pm—8:30 pm	16 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Special Event: 4:00 pm—6:15 pm Grade 6 Health & Fitness Extravaganza	17 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm Grade 6 Art - Dance: 1:00 pm—2:00 pm 
18 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm 	19 Shane Homes YMCA Rocky Ridge Grade 6 Fitness (Self Defense): 4:30 pm—5:30 pm Youth Leadership Program (Grade 7) 4:30 pm—6:00 pm Youth Leadership Program (Grade 8 & 9) 6:30 pm—8:00 pm	20 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Badminton: 4:30 pm—5:30 pm Grade 6 Esports Lab: 4:30 pm—5:30 pm Grade 6 Climbing A: 5:45 pm—6:45 pm Grade 6 Climbing B: 6:45 pm—7:45 pm	21 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—7:30 pm Grade 6 Volleyball: 4:30 pm—5:30 pm Grade 6 Creative Night: 5:30 pm—6:30 pm Grade 7-9 Intro to Debate: 5:30 pm—7:00 pm	22 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 7-9 Badminton: 4:30 pm—5:30 pm Grade 7-9 Climbing: 5:45 pm—6:45 pm Grade 6 Speech & Debate: 6:00 pm – 7:00 pm	23 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Flames Friday: 4:30 pm—5:30 pm Grade 7-9 Intramurals: 5:30 pm—6:30 pm Grade 10-12 Intramurals: 6:30 pm—7:30 pm	24 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm Grade 6 Art – Music: 1:00 pm—2:00 pm 
25 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm	26 Shane Homes YMCA Rocky Ridge Grade 6 Fitness (Strength Circuit): 4:30 pm—5:30 pm Youth Leadership Program (Grade 7) 4:30 pm—6:00 pm Youth Leadership Program (Grade 8 & 9) 6:30 pm—8:00 pm	27 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 6 Badminton: 4:30 pm—5:30 pm Grade 6 Esports Lab: 4:30 pm—5:30 pm Grade 6 Climbing A: 5:45 pm—6:45 pm Grade 6 Climbing B: 6:45 pm—7:45 pm	28 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—7:30 pm Grade 7-9 Volleyball: 4:30 pm—5:30 pm Grade 6 Creative Night: 5:30 pm—6:30 pm Grade 7-9 Intro to Debate: 5:30 pm—7:00 pm	29 Shane Homes YMCA Rocky Ridge Grade 6-9 Youth Centre: 3:30 pm—8:30 pm Grade 7-9 Badminton: 4:30 pm—5:30 pm Grade 7-9 Climbing: 5:45 pm—6:45 pm Grade 6 Speech & Debate: 6:00 pm – 7:00 pm	30 <u>Halloween Special Event!</u> <u>See Poster for Details</u> Part 1: 5:30 pm—6:30 pm Part 2: 7:00 pm—8:00 pm	31 Shane Homes YMCA Rocky Ridge Open Youth Centre: 9:00 am—6:00 pm Grade 6 Art – Visual Arts: 1:00 pm—2:00 pm

