

MONTH: August
YEAR: 2026



OUTREACH PROGRAMS

ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9



Shine On 

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 No Programs	Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	Open Youth Room 11:00am-1:00pm
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	Family Hub center Youth Room 12:00pm-2:00pm
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 /Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	Open Youth Room 11:00am-1:00pm
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00 pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	Family Hub Center Youth Room 12:00pm-2:00pm
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm					

Email: Jennifer.obeng@ymcocalgary.org

MONTH: July
YEAR: 2026



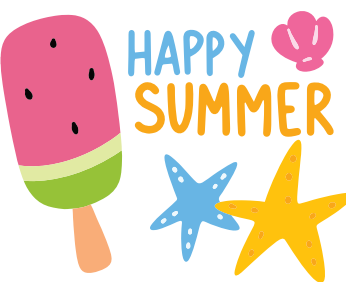
OUTREACH PROGRAMS

ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	 Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	 No Programs	Pickleball: MP1 2:45 pm-4:00pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	 Family Hub center Youth Room 12:00pm-2:00pm
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 /Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00 pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	Family Hub Center Youth Room 12:00pm-2:00pm
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	Open Youth Room 4:00pm-5:00pm	Pickleball: MP1 2:45 pm-4:00 pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	
Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	Open Youth Room 4:00pm-5:00pm Badminton MP 1 /Lawn games 4:00pm-5:00pm	Summer Community Fest 4:00pm-6:30pm Parking lot behind library	Pickleball: MP1 2:45pm-4:00 pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	

Email:Jennifer.obeng@ymcacalgary.org

MONTH: June
YEAR: 2026

OUTREACH PROGRAMS

ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Pickleball: Gym 2 4:00 pm-5:00pm Open Youth room: 5:00 - 6:00 pm	Basketball: Gym 1 3:00pm-4:00pm Badminton - MP1 4:00 - 5:00 pm Open Youth Room 4:00pm-6:00pm	Rise up: Youth & Young Adults Battle for Recovery Genesis Featured GYM 10 am - 3:00 pm Hosted by Empower to Recover
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00 am-12:00 pm Lunchtime: Youth Room 12:00 pmm-12:30 pm Pickleball: Gym 2 4:00 pm-5:00 pm Open Youth room: 5:00 - 6:00 pm	Basketball: Gym 1 3:00pm-4:00pm Badminton - MP 1 4:00 - 5:00 pm Open Youth Room 4:00pm-6:00 pm	Family Fest Celebrating Neurodiversity Hosted by PIVOT Community Genesis Commons & Youth Room 1:00pm-3:00pm #Diverse Minds. Strong Community
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 12:00pm-12:30pm Pickleball: Gym 2 4:00 pm-5:00pm Open Youth room: 5:00 - 6:00 pm	Basketball: Gym 1 3:00pm-4:00pm Badminton - MP1 4:00 pm - 5:00 pm Open Youth Room 4:00pm-6:00pm	Father's Day Tye Dye Youth Room 2:00 pm-4:00 pm
		No Programs Interim Week			
Sensory Time: MP 1 10:00am-12:00pm Volleyball Gym 1 4:45pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Badminton MP 1 /Lawn games 4:30pm-5:30pm				

MONTH: May
YEAR: 2026

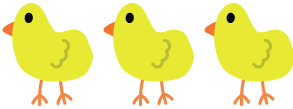
OUTREACH PROGRAMS



ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1	2	3	4	5	6
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00 pm-5:00pm	Basketball: Gym 1 3:00pm-4:00pm Open Youth Room 4:00pm-6:00pm	
8	9	10	11	12	13
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm	Basketball: Gym 1 4:00pm-5:00pm Open Youth Room 4:00pm-6:00pm	
15	16	17	18	19	20
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm	Basketball: Gym 1 3:00pm-4:00pm Open Youth Room 4:00pm-6:00pm	
22	23	24	25	26	27
No Programs Interim Week					
29	30				
Sensory Time: MP 1 10:00am-12:00pm Volleyball Gym 1 4:45pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Badminton MP 1 /Lawn games 4:30pm-5:30pm				

Email:Jennifer.obeng@ymcacalgary.org

MONTH: April
YEAR: 2026

OUTREACH PROGRAMS



ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm		
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm	Basketball: Gym 1 3:00pm-4:00pm Badminton MP1 4:00 pm - 5:00 pm Open Youth Room 4:00pm-6:00pm	Family Hub 11:00am-12:30pm
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm	Basketball: Gym 1 3:00 pm-4:00 pm Badminton: MP 1 4:00 pm - 5:00 pm Open Youth Room 4:00pm-6:00pm	
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Financial Literacy Workshop by CIBC Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm	Basketball: Gym 1 3:00pm-4:00pm Badminton: MP 1 4:00 pm - 5:00 pm Open Youth Room 4:00pm-6:00pm	Family Hub 11:00am-12:30pm
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm		

MONTH: MARCH
YEAR: 2026

OUTREACH PROGRAMS

ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	3 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	4 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Games Night Youth Room 4:30pm - 5:30pm	5 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	6 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4:00pm - 6:00pm	7 International Women’s Day Paint & Chill 2:00 pm-4:00pm
9 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	10 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	11 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Games Night Youth Room 4:30pm - 5:30pm	12 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	13 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4:00pm - 6:00pm	14
16 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	17 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	18 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Games Night Youth Room 4:30pm - 5:30pm	19 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	20 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4:00pm - 6:00pm	21 Family Hub 11:00am-12:30pm
23 Interim Week No Programs	24 Interim Week No Programs	25 Interim Week No Programs	26 Interim Week No Programs	27 Interim Week No Programs	28
30 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	31 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm				



Outreach Programs Activity Calendar

February

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

02 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	03 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	04 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm BHM Trivia Night Youth Room 5:00-6:30pm	05 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	06 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4:00pm - 6:00pm	07
09 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	10 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	11 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm BHM Arts and Creative Night Youth Room 5:00pm - 7:00pm	12 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth Room 5:00pm - 6:00pm	13 Basketball Games: Gym 1 3pm - 4pm BHM: Movie Night 5:00pm - 7:00pm Youth Room	14 Family Hub Centre: Youth Room 12pm - 2pm
16  NO PROGRAMS	17 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	18 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Games Night Youth Room 4:30pm - 5:30pm	19 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	20 BHM: Basketball Games: Staff vs. Youth / Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4:00pm - 6:00pm	21 BHM Cardio Dance Studio A 12:45 - 1:30pm
23 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Volleyball: Gym 1 4:30pm - 5:30pm	24 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Badminton: Gym 1 4:30pm - 5:30pm	25 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Games Night Youth Room 4:30pm - 5:30pm	26 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00am - 12:00pm Pickleball: Gym 2- 4pm - 5pm	27 Basketball Games: Gym 1 3pm - 4pm BHM: Movie Night 5:00pm - 7:00pm Youth Room	31 Family Hub Centre: Youth Room 12pm - 2pm

Youth Activity

Youth Night

Where and When to meet:
Please arrive 5-10 minutes before programs begin.
Check in at the membership services desk

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

Saddletowne YMCA

December

Outreach Programs Activity Calendar



Shine On 

Saddletowne YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	02 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	03 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	04 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	05 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	06 Family Hub Centre: Youth Room 12pm - 2pm
08 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	09 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	10 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	11 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth Room 5:00pm - 6:00pm	12 Basketball Games: Gym 1 3pm - 4pm Youth Winter Party 253020 5:00pm-7:00pm Multipurpose Rooms	13

Interim Week: No programs from December 14th to Jan 4th. Merry Christmas and Happy Holidays! See you again on January 5th!

Youth Activity

Youth Night

Where and When to meet:
Please arrive 5-10 minutes before programs begin.
Check in at the membership services desk

Special Event: Youth Winter Party
Location: Saddletowne YMCA - Multipurpose Rooms 1 & 2
Date & Time: December 12 from 5:00pm-7:00pm
Barcode: 253020

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718



November 2025

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 02	03 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	04 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	05 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	06 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	07 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	08 Family Hub Centre: Youth Room 12pm - 2pm
 09	10 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	 11 NO PROGRAMS	12 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	13 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth Room 5:00pm - 6:00pm	14 Basketball Games: Gym 1 3pm - 4pm Fall Frenzy: Diwali and Halloween Event 239973 5:00pm-7:00pm Multipurpose Rooms	15
 16	17 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	18 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	19 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	20 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	21 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	22 Family Hub Centre: Youth Room 12pm - 2pm
23	24 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	25 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	26 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	27 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2- 4pm - 5pm	28 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	29
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

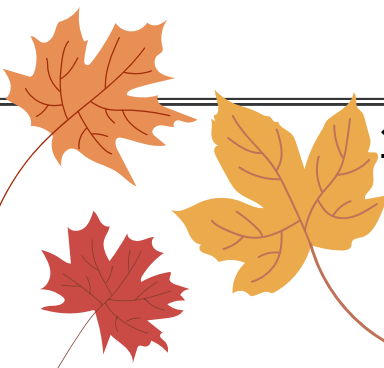
For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

October 2025

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01	Lunchtime: Youth room 02 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	Basketball Games: Gym 1 03 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	04
05 	Lunchtime: Youth room 06 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	Lunchtime: Youth room 07 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	Lunchtime: Youth room 08 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	Lunchtime: Youth room 09 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	Basketball Games: Gym 1 10 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	11 Family Hub Centre: Youth Room 12pm - 2pm
12	HAPPY Thanks Giving 13 	Lunchtime: Youth room 14 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	Lunchtime: Youth room 15 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	Lunchtime: Youth room 16 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	Basketball Games: Gym 1 17 3pm - 4pm Fall Frenzy: Diwali and Halloween Event 239973 5:00pm-7:00pm Multipurpose Rooms	18
19	Lunchtime: Youth room 20 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm 	Lunchtime: Youth room 21 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	Lunchtime: Youth room 22 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	Lunchtime: Youth room 23 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	Basketball Games: Gym 1 24 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	25 Family Hub Centre: Youth Room 12pm - 2pm
26	Lunchtime: Youth room 27 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	Lunchtime: Youth room 28 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	Lunchtime: Youth room 29 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	Lunchtime: Youth room 30 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2- 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	Basketball Games: Gym 1 31 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

September 2025

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01	02	03	04	05	06
07 	08 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	09 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm	10 Lunchtime: Youth room 11:45am - 12:30pm Esports Youth Room 4:30pm - 5:30pm	11 Lunchtime: Youth room 11:45am - 12:30pm Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:00pm - 6:00pm	12 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	13 Family Hub Centre: Youth Room 12pm - 2pm
14 	15 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	16 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm	17 Lunchtime: Youth room 11:45am - 12:30pm Esports Youth Room 4:30pm - 5:30pm	18 Lunchtime: Youth room 11:45am - 12:30pm Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:00pm - 6:00pm	19 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	20
21 	22 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	23 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm	24 Lunchtime: Youth room 11:45am - 12:30pm Esports Youth Room 4:30pm - 5:30pm	25 Lunchtime: Youth room 11:45am - 12:30pm Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:00pm - 6:00pm	26 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	27 Family Hub Centre: Youth Room 12pm - 2pm
28 	29 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	30 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm				
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

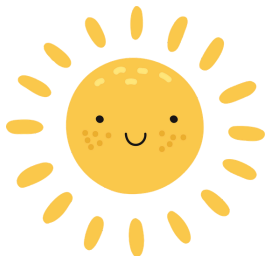
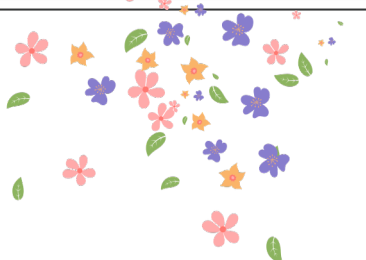
Youth Activity Youth Night	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk	Outdoor Lawn Games program is weather dependent	For more information contact: Jenn Obeng Jennifer.Obeng@ymcacalgary.org 403 537 2718
---	--	--	--

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

Outreach Programs Activity Calendar



Saddletowne YMC

Sunday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				01		02		03		04	
				Lawn Games: MP1/2 4:30pm - 5:30pm		Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:30pm - 6:30pm		Basketball Games: Gym 2 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:30pm - 6:30pm		Open Youth Room 11am - 3pm	
		06		07		08		09		10	
		Volleyball: Gym 1 4:45pm - 5:30pm		Badminton: Gym 1 4:45pm - 5:30pm		Lawn Games: MP1/2 4:30pm - 5:30pm		Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:30pm - 6:30pm		Basketball Games: Gym 2 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:30pm - 6:30pm	
		13		14		15		16		17	
		Volleyball: Gym 1 4:45pm - 5:30pm		Badminton: Gym 1 4:45pm - 5:30pm		Lawn Games: MP1/2 4:30pm - 5:30pm		Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:30pm - 6:30pm		Basketball Games: Gym 2 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:30pm - 6:30pm	
		20		21		22		23		24	
		Volleyball: Gym 1 4:45pm - 5:30pm		Badminton: Gym 1 4:45pm - 5:30pm		Lawn Games: MP1/2 4:30pm - 5:30pm		Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:30pm - 6:30pm		Basketball Games: Gym 2 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:30pm - 6:30pm	
		27		28		29		30		31	
		Volleyball: Gym 1 4:45pm - 5:30pm		Badminton: Gym 1 4:45pm - 5:30pm		Lawn Games: MP1/2 4:30pm - 5:30pm		Special Event: Summer Sports Olympics 5:30pm - 7:30pm 223037			
Youth Activity		Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk				Outdoor Lawn Games program is weather dependent		For more information contact: Jenn Ob Jennifer.Obeng@ymcacalgary.org 403 537 2718			
Youth Night											

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

2025
July

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	02 Volleyball: Gym 1 4:30pm - 5:30pm	03 Badminton: Gym 1 4:30pm - 5:30pm Badminton: Gym 1 4:30pm - 5:30pm	04 Lawn Games: MP1/2 4:30pm - 6pm	05 Pickleball: Gym 1 4pm - 5pm Games Night/Open Youth Room 5pm - 6pm	06 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4pm - 6pm	07 Open Youth Room 11am - 3pm
08 	09 Volleyball: Gym 1 4:30pm - 5:30pm	10 Badminton: Gym 1 4:30pm - 5:30pm	11 Lawn Games: MP1/2 4:30pm - 6pm	12 Pickleball: Gym 1 4pm - 5pm Games Night/Open Youth Room 5pm - 6pm	13 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4pm - 6pm	14 Father's Day Tie Dye Youth Room 12pm - 2pm
15 	16 Volleyball: Gym 1 4:30pm - 5:30pm	17 Badminton: Gym 1 4:30pm - 5:30pm	18 Lawn Games: MP1/2 4:30pm - 6pm	19 Pickleball: Gym 1 4pm - 5pm Games Night/Open Youth Room 5pm - 6pm	20 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 4pm - 6pm	21 Open Youth Room 11am - 3pm
22 	23 Open Youth Room 4:30pm - 6pm	24 Open Youth Room 4:30pm - 5:30pm	25 Open Youth Room 4:30pm - 6pm	26 Summer Party: Mp1 / MP2 4:30pm - 6pm	27 Open Youth Room 4pm - 6pm	28
29 	30 Open Youth Room 5:30pm - 6:30pm					

Youth Activity

Youth Night

Where and When to meet:

Please arrive 5-10 minutes before programs begin.
Check in at the membership services desk

Outdoor Lawn Games program
is weather dependent

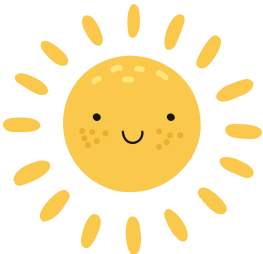
For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

2025
June

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				01 No Programs	02 No Programs	03
	04 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	05 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	06 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	07 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	08 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 10:00pm - 12:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	09 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm
	11 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	12 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	13 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	14 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	15 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	16 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm Family Hub Centre: Community Room 12pm - 2pm
	18 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	19 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	20 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	21 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	22 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	23 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm
	25 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	26 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	27 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	28 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	29 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	30 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm Family Hub Centre: Community Room 12pm - 2pm
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718

May 2025

Special events 2025- 2026



Saddletowne YMCA

September No Event	October Diwali Halloween Oct 17	November	December Winter Party Dec 19
January New years party Jan 16	February	March International Women's day March 7th	April
May Grade 7 - Games Youth Led event May 29	June Summer Party June 26	July	August Summer Games community event August 19

Youth Activity

Youth Night

Where and When to meet:
Please arrive 5-10 minutes before programs begin.
Check in at the membership services desk

For more information contact: Jenn Obeng
Jennifer.Obeng@ymcacalgary.org
403 537 2718