

MONTH: July
YEAR: 2026

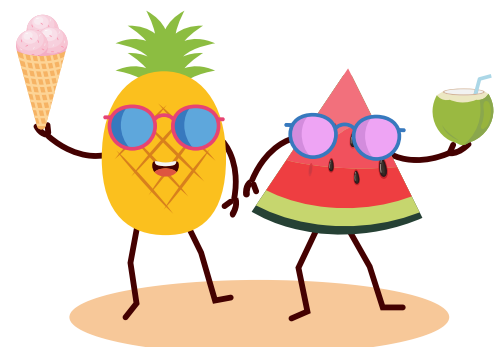


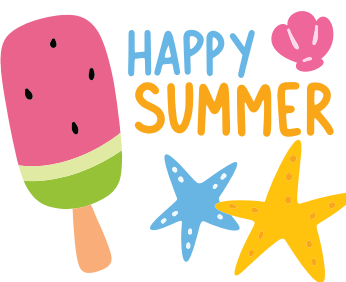
OUTREACH PROGRAMS

ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA
7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Open Youth Room 4:00pm-5:00pm Volleyball Gym 1 4:45pm-6:00pm	 Open Youth Room 4:00pm-5:00pm Badminton MP 1 / Lawn games 4:00pm-5:00pm	 No Programs	Pickleball: MP1 2:45 pm-4:00pm Open Youth Room 4:00pm-5:00pm	Basketball: Gym 2 3:00pm-4:00pm Badminton MP 1 /Lawn games 4:00 pm - 5:00pm Open Youth Room 4:30pm-6:00pm	 Family Hub center Youth Room 12:00pm-2:00pm
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Email:Jennifer.obeng@ymcacalgary.org