

**MONTH: June**

**YEAR: 2026**

# OUTREACH PROGRAMS



ALL PROGRAMS ARE FOR AGES 14-25 ONLY



**Saddletowne YMCA**

7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Badminton MP 1 / Lawn games</b> 4:30pm-5:30pm	<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Games Night: Youth Room</b> 4:30pm-5:30pm	<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Pickleball: MP1 3:00pm-4:00pm</b> <b>Open Youth Room 4:30pm-6:00pm</b>	<b>Basketball: Gym 1</b> 4:00pm-5:00pm <b>Outdoor games</b> 4:00 pm - 5:00pm <b>Open Youth Room</b> 4:00pm-6:00pm	<b>Rise up: Youth &amp; Young Adults</b> <b>Battle for Recovery</b> <b>Genesis Featured GYM</b> <b>10 am - 3:00 pm</b> <b>Hosted by Empower to Recover</b>
<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Volleyball Gym 1</b> 4:45pm-5:30pm	<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Badminton MP 1 / Lawn games</b> 4:30pm-5:30pm	<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Games Night: Youth Room</b> 4:30pm-5:30pm	<b>Sensory Time: MP 1</b> 10:00am-12:00pm <b>Lunchtime: Youth Room</b> 11:45am-12:30pm <b>Pickleball: MP1 3:00pm-4:00pm</b> <b>Open Youth Room 4:30pm-6:00pm</b>	<b>Basketball: Gym 1</b> 4:00pm-5:00pm <b>Outdoor games</b> 4:00 pm - 5:00pm <b>Open Youth Room</b> 4:00pm-6:00pm	<b>Family Fest</b> <b>Celebrating Neurodiversity</b> <b>Hosted by PIVOT Community</b> <b>Genesis Commons &amp; Youth Room</b> <b>1:00pm-3:00pm</b> <b>#Diverse Minds. Strong Community</b>
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		<b>No Programs Interim Week</b>			
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Email: [Jennifer.obeng@ymcacalgary.org](mailto:Jennifer.obeng@ymcacalgary.org)