

MONTH: May

YEAR: 2026

OUTREACH PROGRAMS



ALL PROGRAMS ARE FOR AGES 14-25 ONLY



Saddletowne YMCA

7555 Falconrigde BLVD NE, Calgary, AB T3J 0C9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Volleyball Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Badminton Gym 1 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Games Night: Youth Room 4:30pm-5:30pm	Sensory Time: MP 1 10:00am-12:00pm Lunchtime: Youth Room 11:45am-12:30pm Pickleball: Gym 2 4:00pm-5:00pm Open Youth Room 4:30pm-6:00pm	Basketball: Gym 1 3:00pm-4:00pm Open Youth Room 4:00pm-6:00pm	Mothers Day Event Paint & Sip 11:00am-12:30pm
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