



SUMMER CAMP PARENT NEWSLETTER

SPRING 2026

A note from the Summer Camp Team:

As we prepare for summer 2026, we are excited to see so many familiar faces returning to camp, and a lot of new ones as well! We have begun our spring outdoor schools season, and the camp counsellors are already planning exciting games and trips for the summer camp season!

This year brings new programs, including our 42 day hike and Leadership Horse & Hike. However, this year also brings back memories, connections, and all the camp traditions your campers know and love! We can't wait to paddle on the lake, climb our high ropes, visit the horses, and sing by the campfire together again soon.

Happy trails, Trent & Taylor





In the spirit of Reconciliation, we acknowledge that we live, work and play on the traditional territories of the Treaty 7 Nations. These are the Ancestral Lands of the three Bands of the Stoney Nakoda Nation: Chiniki, Goodstoney and Bearspaw, the Blackfoot Confederacy: Siksika, North and South Piikani Nations and the Kainai Tribe, the Tsuut'ina Nation of the Dene people, as well as the Metis Nation of Alberta, region 3. We gratefully acknowledge that this camp is named after Stoney Nakoda Chief Hector Crawler and that we are the current stewards of the land on which our camp sits. We are committed to exploring and understanding the historical roots of the YMCA relationship with the Stoney Nakoda people.

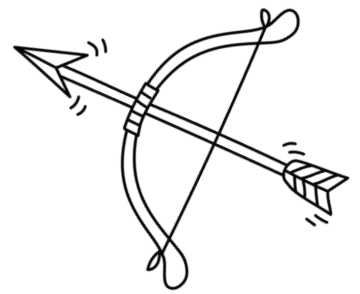
Newsletter Information

This year, we have shifted to a spring newsletter to touch base with all registered participants. In this newsletter, you will find the following information:

- Getting Ready for Camp!
 - Friend Requests, Packing Lists, A Day in the Life
 - Online Camper Forms
 - Summer Transportation Information
 - Meet the Team & FAQ's
- Kid's Corner - some features from our daily newspaper, the Hector Herald
- Stay Connected with us - Information about our Alumni Program



GETTING READY FOR CAMP



FRIEND REQUESTS

Now that your camper has registered, you may be wondering “how do I ask them to put my camper with their friends?”

In spring, we will be distributing camper forms to each registered participant via email. These forms are mandatory to be completed prior to arrival at camp. These forms include medical information, contact information and also-- friend requests!

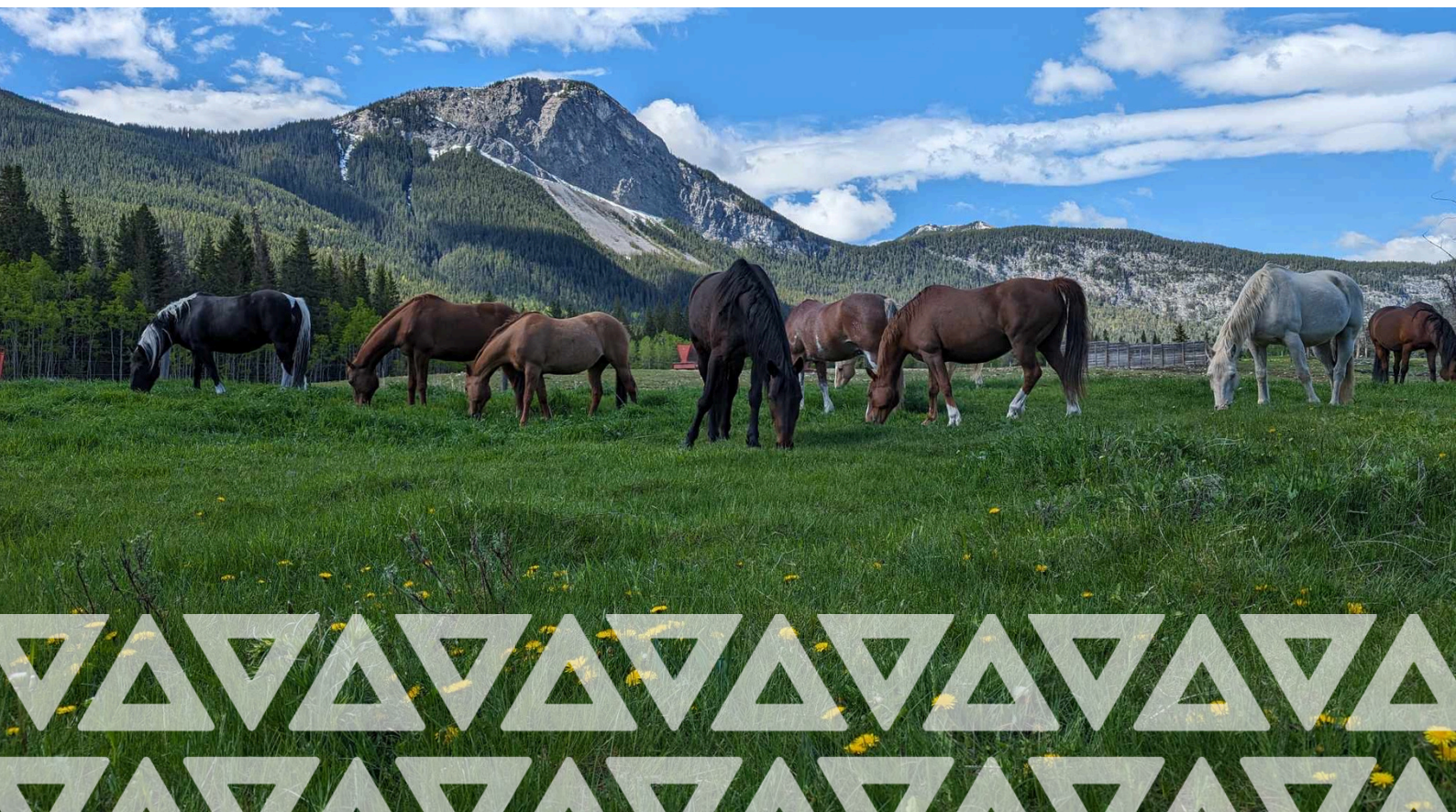
Please note:

- you may only request a maximum of 2 other campers
- for a request to be accepted, both campers must request each other
- requests must be in the same registered program to be honoured (ex. tipi vs. cabin)
- requests are not guaranteed, but we do our best to honour them!

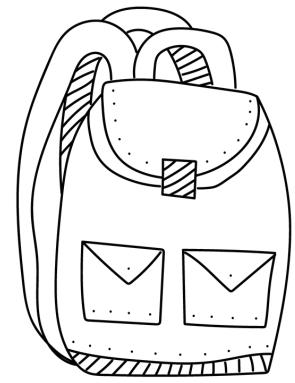
PACKING LISTS

All packing lists are now available on our website. Please note: there have been changes since 2025. You can see them by clicking here: [Packing Lists](#).

If you don't know where to start, check out The Great Outdoors: Junior Outfitters located in Calgary, Alberta. They are a great local shop that has supported CCHY for years and knows our gear lists very well!



GETTING READY FOR CAMP




TYPICAL DAY AT CAMP

Below is an example schedule of what each day may look like for your camper. This would be a typical week for a 6 day overnight camper. The main difference between a 6 and 13 day program is that 13 day programs go on a multi-night expedition of either hiking or canoeing.

Please note: this is not a confirmed schedule but rather to display the timeline of the day and range of activities your camper has access to.



Camp Chief Hector YMCA
Summer Camp

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 8:30AM Blocks run 10-11 and 11-12					
	Team Building Games and Outdoor Games	Rock Wall Climbing	Horsemanship Program (Visit the Barn)	Frisbee Golf	Parents arrive for pick-up/ride buses back to Calgary 10 – 12
	Challenge Course (Low Ropes Activities)	Flying Squirrel or Giant Swing	Drama Based Games	Arts & Crafts	Thank you for coming to Camp Chief Hector YMCA!
LUNCH 12:30PM Blocks run 2-3:30 and 3:30-5					
Unstructured Down Time 1:15 pm – 1:45 pm					
Arrive at camp! Meet your counsellors and your co-campers 2:00 pm	Waterfront Canoeing	Archery	½ Day Hike Around Site	All Camp Day Activities Done with Entire Section Together (Ex. Splashzone, Obstacle Course, Team Based Activities, Tug of War, Surprise Snack!)	
Get to know you games, site tour; welcoming activities	Forest Play (ex. Scavenger Hunt, Shelter and Fire Building)	Animal Game			
SUPPER 5:30PM					
7:00 Community Meeting 7:45 All Camp Campfire	Freebies!	Section Activity (ex. Capture the Flag)	Freebies!	Closing Ceremony Campfire 7 – 8:30	
APPRECIATIONS AND SNACK 8:00 – 8:30pm					
SLEEP 9PM					

Example Schedule of Activities – 6 Day Program

PLEASE NOTE: THIS WILL NOT BE THE EXACT SCHEDULE YOUR CAMPER FOLLOWS





GETTING YOUR CAMPER TO CAMP!

OVERNIGHT CAMPS

BUS FROM CALGARY

Bussing fee is included in your registration and is available from Shane Homes at Rocky Ridge YMCA.

Heading to Camp
(First Day of Session)

Check In Begins at 11:30 am

Busses Leave at 12:30 pm

Returning from Camp
(Last Day of Session)

Bus Arrives in Calgary at 10:30 am

DRIVING YOUR CHILD IN PERSONAL VEHICLE

Heading to Camp
(First Day of Session)

Check In Begins at 2:00 pm, must arrive before 4:00 pm

Returning from Camp
(Last Day of Session)

Pick up begins at 10:00 am, must pick up before 11:30 am

PLEASE NOTE:

All Pioneer CANOE Campers will be required to take the bus to camp-- as they need to take a swim test prior to arriving at camp.

DAY CAMPS

We do not offer Day Camp bussing from Calgary.

BUS FROM BOW VALLEY AREA

TO CAMP

Lawrence Grassi School 8:10 am

Elizabeth Rummel School 8:30 am

Exshaw Legion 8:55 am

FROM CAMP

Lawrence Grassi School 4:55 pm

Elizabeth Rummel School 4:40 pm

Exshaw Legion 4:15 pm

DRIVE IN PERSONAL VEHICLE

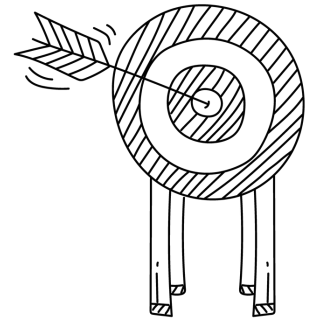
Drop Off

8:30 am - 9:00 am

Pick Up

4:00 pm - 4:30 pm

GETTING READY FOR CAMP



ONLINE CAMPER FORMS

You will be receiving an email with instructions how to log into your camper's account on campbrain.

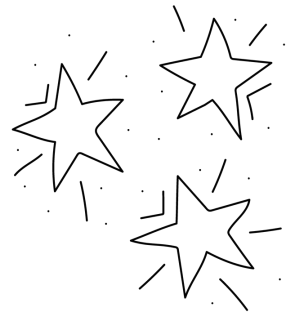
On your profile, you will need to complete the following at a minimum 1 week prior to their arrival at camp:

Below is a checklist to make sure your camper account is up to date:

- ✓ Upload a recent photo of your camper
- ✓ Fill out the Household Information, including contact information
- ✓ Fill out all assigned forms
 - ✓ Camper Medical Form
 - ✓ Camper Information Form
 - ✓ Friend Request Form
 - ✓ Dietary Restrictions and Allergies
 - ✓ Waivers & Agreements
 - ✓ Transportation



MEET THE TEAM



COME VISIT US BEFORE CAMP BEGINS!

We have two opportunities for you all to visit us at camp to see site, meet some staff, ask your questions and get excited! Neither of these programs require registration as they are drop in days to camp!

CAMP OPEN HOUSE

May 24th

Ages 6-9 Programs
Bowfort Lodge
2 pm - 3:30 pm

Ages 10-17 Programs
Hector Lodge
4 pm - 5:30 pm

Join us to tour site and ask your summer camp related questions! No activities are offered this day, but rather a chance to get to know camp and prepare your camper before their summer adventure!



MEC DISCOUNT NIGHT

June 10th

4 pm - Close 15% off!

We have partnered with MEC Calgary to offer a discount night for all CCHY participants! Camp staff will be there to help you select the clothes and gear you need for your camper's success this summer.



CAMPER'S CORNER

These are frequently found on our daily newspaper called the Hector Herald which is located at camp and updated daily with jokes, nature facts and riddles! Share these with your camper to get them excited!



Large as a mountain.
Small as a pea.
Endlessly swimming in
a waterless sea.
What am I?

an asteroid

What kind of flowers
make great friends?

Rose buds!



These animals are all over
site this spring, and leaving
tracks like this behind!
They also are growing their
antlers, which takes
approximately 140 days to
do. What are they?

white tailed deer



MEET THE TEAM



Meet some friendly faces that have been busy getting summer ready for our campers to arrive!



Trent
Camp Director



Taylor
Assistant Camp
Director



Emily
Outdoor Program
Manager



Béatrice
Expedition Coordinator



Charlotte
Program Coordinator



Bryan
Program Coordinator



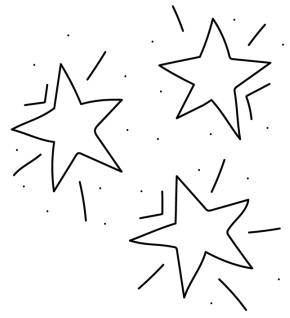
Rosie
Herd Director



Kiana
Administration
Coordinator



STAFFING AT CAMP



HOW DOES STAFFING WORK AT CAMP CHIEF HECTOR YMCA?

In our summer camp programs, we aim to provide a two counsellor to eight camper ratio with our minimum supervision ratio being one counsellor to eight campers. In addition to counsellors, we have a variety of other camp staff supporting campers, including:

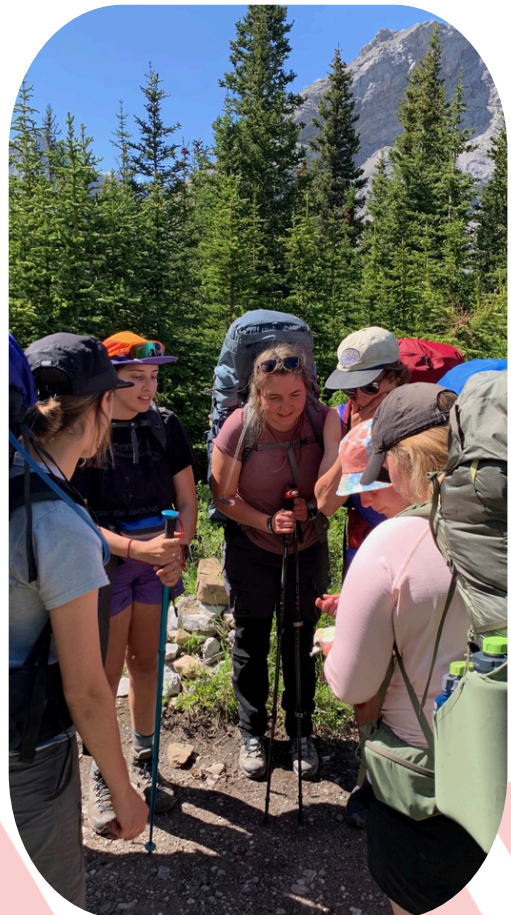
- ▶ Resource staff (who have a specific skill set for facilitating in specialized areas, such as canoeing, arts and crafts, horse programs, the Wellness Centre and the Expedition Centre)
- ▶ Team Leads (who provide leadership and program oversight of each age division)
- ▶ Coordinators (who provide leadership and supervision of our large program areas, including Bowfort Lodge, Hector Lodge, the Barn, the Wellness Centre, and the Expedition Centre)

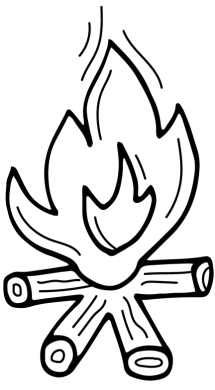
TRAINING

All of our staff go through a background check and receive extensive Child Protection and Safeguarding, and Risk Management training. All of our staff are required to be certified in Standard First Aid and CPR Level C.

For all of our programs, we prioritize our staffing based on individual's qualifications, skills and certifications including but not limited to Wilderness Advanced First Aid and Canoeing certifications from Paddle Canada.

In some instances, the staff assigned to your camper's group may be a different gender. All of our staff are trained equally and our policies for child safety are the same regardless of the staff's gender.





STAY CONNECTED

We know you are a parent of a camper but were you also a camper? Did you work at Camp? Did you come to Camp for Outdoor School? Have you volunteered at Camp? If one or many is true...you are Alumni!

We are growing our Alumni list, and we'd love to include you and hear your Camp story(ies). Reconnect with us by filling out the short Alumni Survey and joining the CCH Alumni Facebook Group.

We are planning many fun ways for you to see Camp again, give back to Camp in sweat equity, and meet up with your Camp peeps. We'll keep you informed about all of these things throughout the year via the Alumni Newsletter and social media posts.

Please fill out this survey to connect with us: [ALUMNI SURVEY](#)

Join us for homecoming this fall.
Reset. Reconnect. Revisit.

September 19th



[CLICK HERE TO
CONTACT US](#)