

OUTREACH PROGRAMS

FOR AGES 14-25

**MARCH
2026**



Shane Homes YMCA at Rocky Ridge
11300 Rocky Ridge Rd NW, Calgary, AB T3G 5H3



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Family Hub - Gym 3 11:00am-12:30pm High School Badminton - Gym 2 11:00am-12:30pm Model UN - MP 1 12:00pm-1:30pm High School Volleyball - Gym 2 12:30pm-2:30pm</p>	2	3	<p>4</p> <p>Outreach Committee - MP 2 4:30pm-5:30pm Model UN - MP 1 7:00pm-8:30pm</p>	5	<p>6</p> <p>Art Night - MP 2 4:00pm-5:30pm High School Intramurals - Gym 3 6:30pm-7:30pm</p>	7
<p>8</p> <p>*Basketball Tournament - No gym programs Model UN - MP 1 11:00am-12:30pm</p>	9	10	<p>11</p> <p>Model UN - MP 1 7:00pm-8:30pm</p>	12	<p>13</p> <p>Art Night - MP 2 4:00pm-5:30pm High School Intramurals - Gym 3 6:30pm-7:30pm</p>	14
<p>15</p> <p>*Basketball Tournament - No gym programs Model UN - MP 1 11:00am-12:30pm</p>	16	17	<p>18</p> <p>Outreach Committee - MP 2 4:30pm-5:30pm Model UN - MP 1 7:00pm-8:30pm</p>	19	<p>20</p> <p>*Special Event - No gym programs Art Night - MP 2 4:00pm-5:30pm</p>	21
<p>22</p> <p>Family Hub - Gym 3 11:00am-12:30pm High School Badminton - Gym 2 11:00am-12:30pm Model UN - MP 1 12:00pm-1:30pm High School Volleyball - Gym 2 12:30pm-2:00pm</p>	<p>23</p> <p>*Session end - No programs this week</p>	24	25	26	27	28
<p>29</p>	<p>30</p> <p>*Start of Spring session</p>	31				

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