
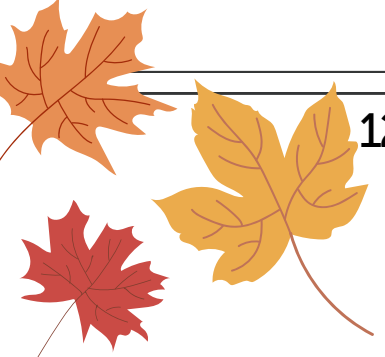






October 2025

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			01	02 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	03 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	04
05 	06 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	07 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	08 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	09 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	10 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	11 Family Hub Centre: Youth Room 12pm - 2pm
12 	13 	14 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	15 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	16 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	17 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	18
19	20 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm 	21 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	22 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	23 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	24 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	25 Family Hub Centre: Youth Room 12pm - 2pm
26	27 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	28 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	29 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Esports Youth Room 4:30pm - 5:30pm	30 Lunchtime: Youth room 11:45am - 12:00pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Games Night/ Youth Room 5:00pm - 6:00pm	31 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm 	
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

For more information contact: Jenn Obeng
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