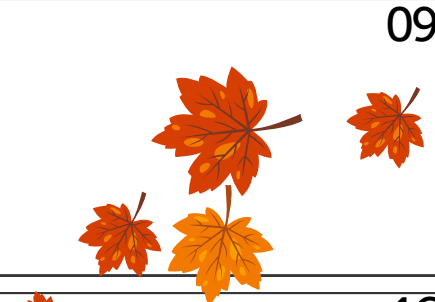


November 2025

Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 02	03 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	04 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	05 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	06 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	07 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	08 Family Hub Centre: Youth Room 12pm - 2pm
 09	10 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	 11 NO PROGRAMS	12 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	13 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth Room 5:00pm - 6:00pm	14 Basketball Games: Gym 1 3pm - 4pm Fall Frenzy: Diwali and Halloween Event 239973 5:00pm-7:00pm Multipurpose Rooms	15
 16	17 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	18 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	19 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	20 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm Youth Activity: Youth room 5:00pm - 6:00pm	21 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	22 Family Hub Centre: Youth Room 12pm - 2pm
23	24 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Volleyball: Gym 1 4:30pm - 5:30pm	25 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Badminton: Gym 1 4:30pm - 5:30pm	26 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Games Night Youth Room 4:30pm - 5:30pm	27 Lunchtime: Youth room 11:45am - 12:30pm Sensory Time : Mp1 1:00pm - 3:00pm Pickleball: Gym 2 - 4pm - 5pm	28 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	29
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

For more information contact: Jenn Obeng
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