



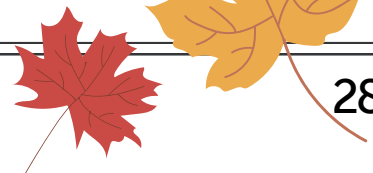


September 2025

# Outreach Programs Activity Calendar



Saddletowne YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	01	02	03	04	05	06
07 	08 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	09 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm	10 Lunchtime: Youth room 11:45am - 12:30pm Esports Youth Room 4:30pm - 5:30pm	11 Lunchtime: Youth room 11:45am - 12:30pm Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:00pm - 6:00pm	12 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	13 Family Hub Centre: Youth Room 12pm - 2pm
14 	15 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	16 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm	17 Lunchtime: Youth room 11:45am - 12:30pm Esports Youth Room 4:30pm - 5:30pm	18 Lunchtime: Youth room 11:45am - 12:30pm Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:00pm - 6:00pm	19 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	20
21 	22 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	23 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm	24 Lunchtime: Youth room 11:45am - 12:30pm Esports Youth Room 4:30pm - 5:30pm	25 Lunchtime: Youth room 11:45am - 12:30pm Pickleball: Gym 2 4pm - 5pm Games Night/Open Youth Room 5:00pm - 6:00pm	26 Basketball Games: Gym 1 3pm - 4pm Badminton/Table Tennis: MP1/2 4pm - 5pm Open Youth Room 5:00pm - 6:00pm	27 Family Hub Centre: Youth Room 12pm - 2pm
28 	29 Lunchtime: Youth room 11:45am - 12:30pm Volleyball: Gym 1 4:30pm - 5:30pm	30 Lunchtime: Youth room 11:45am - 12:30pm Badminton: Gym 1 4:30pm - 5:30pm Open Youth Room 4:30pm - 5:30pm				
Youth Activity	Where and When to meet: Please arrive 5-10 minutes before programs begin. Check in at the membership services desk					
Youth Night						

For more information contact: Jenn Obeng  
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