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A note from the **Summer Camp Team:**

While there still is snow on the ground, spring is just around the corner. CCHY has been going through some renovations this winter including our wash shacks being rebuilt, and a new high ropes course! Now that both are open and operational, we are feeling ready for summer campers to arrive! This newsletter includes everything you need to start getting physically ready to come to camp this summer!



In the spirit of Reconciliation, we acknowledge that we live, work and play on the traditional territories of the Treaty 7 Nations. These are the Ancestral Lands of the three Bands of the Stoney Nakoda Nation: Chiniki, Goodstoney and Bearspaw, the Blackfoot Confederacy: Siksika, North and South Piikani Nations and the Kainai Tribe, the Tsuut'ina Nation of the Dene people, as well as the Metis Nation of Alberta, region 3. We gratefully acknowledge that this camp is named after Stoney Nakoda Chief Hector Crawler and that we are the current stewards of the land on which our camp sits. We are committed to exploring and understanding the historical roots of the YMCA relationship with the Stoney Nakoda people.

Newsletter Information

registered participants a newsletter (and post on our website!) with information to prepare you and your camper to attend summer camp.

Each month will have a theme of topics it will cover. Please refer to these newsletters for all information.

February

First Steps After Registration

March

Preparing Emotionally for Camp



Packing Information & Camper Information Forms

May

Communication: with us and your camper during summer

June

Last steps! Camper Check Lists and Final Reminders

PACKING LISTS



Below are some packing lists for each program:

6 DAY PROGRAMS

WRANGLERS IN TRAINING

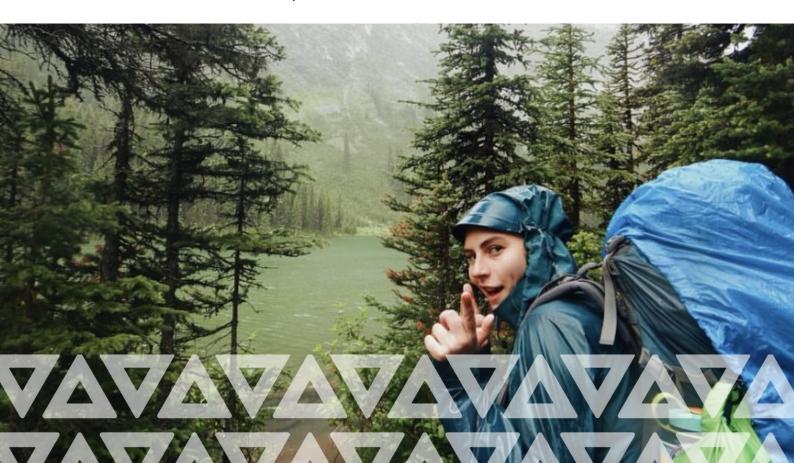
13 DAY PROGRAMS

LEADERSHIP

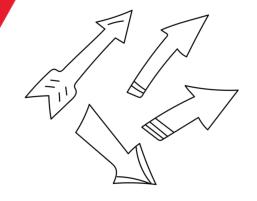
Packing How To's!



- Write Camper's first & last name on everything you pack
- Pack all medications in a ziploc bag labelled with camper name and store it to be easily removed from bag at the sign in desk
- Some people find it useful to pack their camper's belongings in rubbermaid bins for easier storage in the cabins, tipis & yurts
- Don't pack any valuables, but pack comfort items for your camper like a stuffed animal and a book for bedtime!



PRE ARRIVAL INFORMATION



CAMPER INFORMATION FORMS

EMAILED TO YOU IN MAY

Camper information forms are required to be submitted to us at least 1 week prior to camper's arrival date through the Campbrain portal. The link to your account will be emailed to you in May.

These forms include: medical & contact information, friend requests, transportation and dietary restrictions. See below and on the next page for more information.

FRIEND REQUESTS

You can request a maximum of 2 campers to be placed with your camper in the same group. Campers must request one another to have the friend request to be processed.

Friend requests are not guaranteed, however we do our best to honour them.

DIETARY RESTRICTIONS & ALLERGIES

Our incredible kitchen team is able to make nutritious and delicious meals each day for our campers. They do their best to create alternatives that meet all dietary allergies and diets (with the exception of kosher)-- but they must know them prior to camper arrival to do so. Please be sure to include this information in your camper's forms so the kitchen can meet the dietary needs of your camper.



GETTING YOUR CAMPER TO CAMP! OVERNIGHT CAMPS

BUS FROM CALGARY

Bussing fee is included in your registration and is available from Shane Homes at Rocky Ridge YMCA.

Heading to Camp

(First Day of Session)

Check In Begins at 11:30 am

Busses Leave at 12:30 pm

Returning from Camp

(Last Day of Session)

Bus Arrives in Calgary at 10:30 am

Returning from

Camp

(Last Day of Session)

DRIVING YOUR CHILD IN PERSONAL VEHICLE

Heading to
Check In Begins
at 2:00 pm, must arrive
before 4:00 pm

(First Day of Session)

Pick up begins at 10:00 am, must pick up before 11:30 am

PLEASE NOTE:

All Pioneer CANOE and Leadership Campers will be required to take the bus to camp-- as they need to take a swim test prior to arriving at camp.

DAYCAMPS

We do not offer Day Camp bussing from Calgary.

BUS FROM BOW VALLEY AREA

TO CAMP

Lawrence Grassi School 8:10 am Elizabeth Rummel School 8:30 am Exshaw Legion 8:55 am

FROM CAMP

Lawrence Grassi School 4:55 pm Elizabeth Rummel School 4:40 pm Exshaw Legion 4:15 pm

DRIVE IN PERSONAL VEHICLE

Drop Off

8:30 am - 9:00 am

Pick Up

4:00 pm - 4:30 pm

COME VISIT CAMP!

SUMMER OPEN HOUSE MAY 5 TH



JOIN US TO ASK QUESTIONS & TOUR OUR SITE!

No registration required.

CANVA STORIES



BOWFORT LODGE

2:00 - 4:00 PM

Day Camps
Juniors 7-9Y

HECTOR LODGE

3:00 - 5:00 PM

Mistaya 10 - 11Y
Kananaskin 12-13Y
Pioneer 14-15Y
Wrangler in Training 14-16Y
Leadership 16Y
LIT & Sac Dene 17Y

Each month we will

feature some staff
feature some staff

members at CCHY. We
members at CCHY meet
can't wait to meet
you!

MEET THE STAFF



Stephen
Expedition Coordinator
Favourite Camp Activity:
Backpacking and Canoeing



Jamie
Program Coordinator
Favourite Camp Activity:
Challenge Course

LET'S RAISE

Did you know that Camp Chief Hector YMCA is a charity?

In 2023, we saw over 9,000 children and youth come to explore, learn and grow in the outdoors through camps and programs.

Of that, 227 kids from summer were subsidized and students from 73 schools were financially assisted to join their classmates and friends at camp.

With the support from donors, we provided \$321,279 in financial support to ensure that all kids can have access to an impactful camp experience.

We continue to see how important healthy risks and outdoor learning can be. Donating to help kids have a camp experience is truly making a difference in a child's life.

Thank you to all who donate to help make these experiences happen.

KID'S CORNER

Share this page with your camper to get them excited for camp!



RIDDLE ME THIS...

What can you break, even if you never pick it up or touch it?

JUST FOR LAUGHS

What kind of clothes do clouds wear?
Thunderwear!



What is this thing hanging from the trees at camp? It is edible and can be used to light a fire OR brush your teeth!

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ALUMNI CORNER



Our Alumni Work Day is coming up!

There are age appropriate activities for all those aged 12Y and older.

If you are interested in attending, please click here to register:





CAMP@YMCACALGARY.ORG

