



**Camp Chief Hector**  
Leadership Based Programs  
2024 Information Guide

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# Leadership Based Programs

## Session Dates and Prices

### Leadership - Canoe Focus

\$4200+ GST

July 14th - August 9th

### Leadership - Hike Focus

\$4200+ GST

June 30th - July 26th

July 28th - August 23rd

### Leadership - Exchange Focus



\$4200+ GST

July 14th - August 9th

### Leader-in-Training (LIT) - Mainsite

\$1365+ GST

June 30th - July 26th

### Sac Dene (LIT)

\$7350+ GST

June 30th - August 23rd



# LEADERSHIP

## Canoe Focus

**16 YEARS** CAMPERS MUST TURN THIS AGE BY DECEMBER 31ST, 2024.

### **Accommodations: Yurts (onsite) & Tents (on trip)**

Leadership campers come to camp for 27 days. Their focus will be on learning and developing backcountry expedition skills and leadership abilities. To facilitate their development in these areas, campers will participate in various outdoor expedition trips, including onsite overnights and day trips.

Included in this program is over 18 nights of backcountry canoe trip experience. Groups plan and prepare together for their exciting and rewarding expedition trips with their leaders. Throughout their month-long experience, they will develop personal strengths and new abilities.

The location and length of the trip is chosen based on multiple factors including: environmental considerations (ex, wildfires, river water levels), and skill level of the group as assessed on practice days when they arrive at camp.

### **Skills needed for success:**

- ✓ Swim tests are required for this program annually to ensure the campers can safely swim if required to on the trip.
- ✓ Participants have completed a multi night back country camping experience with a positive outcome in the past either at camp or on their own, and have basic canoe skills either on flat water or moving water.
- ✓ Participants are dedicated to making the experience their own, set and work towards personal goals, and have the ability to work within a team.



# LEADERSHIP

## Hike Focus

**16 YEARS** CAMPERS MUST TURN THIS AGE BY DECEMBER 31ST, 2024.

### **Accommodations: Yurts (onsite) & Tents (on trip)**

Leadership campers come to camp for 27 days. Their focus will be on learning and developing backcountry expedition skills and leadership abilities. To facilitate their development in these areas, campers will participate in various outdoor expedition trips, including onsite overnights and day trips.

Included in this program is over 18 days of backcountry hiking trip experience. Groups plan and prepare together for their exciting and rewarding expedition trips with their leaders. Throughout their month-long experience, they will develop personal strengths and new abilities.

The location and length of the trip is chosen based on multiple factors including: environmental considerations (ex, wildfires, wildlife warnings, snow levels in the alpine), and skill level of the group as assessed on practice days when they arrive at camp.

### **Skills needed for success:**

- ✔ Participants have completed a multi night back country camping experience with a positive outcome in the past either at camp or on their own.
- ✔ Participants are dedicated to making the experience their own, set and work towards personal goals, and have the ability to work within a team.
- ✔ Participants are able to carry a 60+L backpack consistently over a distance of 15-18 km, and maintain a pace of at least 3 km/hour.



# LEADERSHIP

Exchange Focus



**16 YEARS** CAMPERS MUST TURN THIS AGE BY DECEMBER 31ST, 2024.

## Accommodations: Yurts (onsite) & Tents (on trip)

The Leadership Exchange Program is a new 27 day program that we are running in conjunction with YMCA Camp Pine Crest located in Muskoka, Ontario. This program will focus on the development of leadership skills through an exchange trip to Camp Pine Crest.

This exchange will involve a 4-5 day canoe trip on the French River. Participants will also be able to develop their leadership skills on a 4-5 day hike near Camp Chief Hector YMCA.

During this hike, the CCHY campers will use their leadership skills to host the Camp Pine Crest exchange participants. All travel associated with the exchange program is included in the program fee.

## Skills needed for success:

- ✓ Participants have completed a multi night back country camping experience with a positive outcome in the past either at camp or on their own.
- ✓ Participants are dedicated to making the experience their own, set and work towards personal goals, and have the ability to work within a team.
- ✓ Participants must meet the skills outlined in the Leadership Canoe and Leadership Hike portions of this brochure.



# LEADER IN TRAINING (LIT)

## 17 YEARS

### Accommodations: Yurts (onsite) & Tents (on trip)

Registration for the Leaders-in-Training (LIT) program involves an application and interview process that is open to past Leadership participants and other interested youths.

LIT is a month-long program during which campers will participate in leadership training, a backpacking trip, and activities to develop their leadership skills. This includes a certification course to receive Standard First Aid and CPR-C.

The second half of the program is reserved for the LIT's to volunteer as a counsellor for a Juniors or Mistaya group. This program is focused on building leadership skills and gaining experience being a counsellor. This program includes a 3 day offsite expedition aimed to build outdoor leadership skills.

### Interested? Here's what you need to prepare:

- ✔ Participants must apply to this program by sending a resume (with job & volunteer experience) and a cover letter (explaining why they want to participate in this program) to us by **January 15th, 2024**.
- ✔ After the applications are received, we will set up an interview with each applicant. This provides interview experience for them, and for us to get to know them a bit before the program begins to set specific goals and curriculum for each participant.
- ✔ After the interview, we will register your participant and set up a payment plan with you. *You do not need to register your participant on January 16th, 2024.*
- ✔ Prior to their arrival at camp, your camper will be required to submit a Police Check with Vulnerable Sector Screening to us to be able to complete the volunteer portion of the program. We can assist with this process.



# SAC DENE (LIT)

## 17 YEARS

### **Accommodations: Yurts (onsite) & Tents (on trip)**

Sac Dene campers come to camp for 55 days and live in a Yurt near Deer Lodge. The focus of this program is on honing outdoor leadership skills on a 40-day wilderness canoe trip. Sac dene campers will be immersed in a team environment, allowing them to explore the ways in which they can contribute to a common goal and group identity.

Campers will become a part of the planning and preparation process for the wilderness expedition by contributing toward food and gear packing as well as developing individual and group goals for the expedition.

On the wilderness expedition, campers will have the opportunity to hone their skills as outdoor leaders by taking on peer-leadership roles, such as navigation, route planning, camp craft, and cooking. Throughout the Sac Dene program, campers will develop their personal strengths, learn new skills, and recognize areas of growth.

Swim tests are required for this program annually to ensure the campers can safely swim if required to on the trip.



Sac Dene, 2023



# SAC DENE (LIT)

## Interested? Here's what you need to prepare:

- ✔ Participants must apply to this program by sending a resume (with job & volunteer experience) and a cover letter (explaining why they want to participate in this program) to us by **January 15th, 2024**.
- ✔ After the applications are received, we will set up an interview with each applicant. This provides interview experience for them, and for us to get to know them a bit before the program begins to set specific goals and curriculum for each participant.
- ✔ After the interview, we will register your participant and set up a payment plan with you. *You do not need to register your participant on January 16th, 2024.*
- ✔ Prior to their arrival at camp, your camper will need to participate in an orientation and preparation weekend here at Camp Chief Hector YMCA. This weekend is instrumental to their success as it begins the food and gear preparation portion of the program, is a time for campers to meet and begin bonding, and for time to practice canoe skills on the river.  
**Dates to be announced in the interview process.**





## Leadership Skill Development

In these programs, the campers learn to be leaders by challenging themselves to new boundaries, learning leadership skills, and spending quality time together in nature. They will develop deep friendships amongst peers and learn more about themselves along the way.





## Pioneer & Leadership Hikes

Located off site, these hikes range from 6 days to 18 days in Alberta back country. Typical locations of trips are in Kananaskis and Banff National Park back country areas.





## Pioneer & Leadership Canoe

Located off site, these hikes range from 6 days to 18 days in Alberta back country. Typical locations of trips are on the Red Deer River, North Saskatchewan River, Athabasca River, and Columbia River.





# Sac Dene





# High Ropes Activities

Located on site, these activities provide our campers the opportunity to work on their team work skills and challenge themselves by completely obstacles up to 40 ft in the air!



[Click here  
to register](#)

**Contact Us**  
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