



CLIMBING CAMP



WHAT TO EXPECT

- Day 1: Intro to the Wall, rules, and bouldering
- Day 2: Intro to Autobelays
- Day 3: Important knots, Review of Autobelays and Bouldering
- Day 4: Learn to Belay and Knot continuation
- Day 5: Wrap up and more climbing time!

What you need to know!

- Ensure the climbing waiver is completed. Scan QR code to fill out CLIMBING WAIVER
- Wear comfortable clothing that is easy to move in. Avoid clothing with strings attached or loose clothing.
- Please ensure that long hair is tied back.
- Bring a pair of indoor running shoes. No boots, cros, sandals or open-toed shoes are allowed on the wall.