

Youth Engagement Program Activity January Calendar



Saddletowne YMCA

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPRY YEAR 2023	2	3	4	5	6	7
8	9	10	11	12	13	14
YOUR ADVENTURE STARTS HERE	Youth Activities:	Teens Tuesday:		Youth Activities:	Youth Night:	0 1
	Floor Hockey	Badminton/Volleyball- GYM 2		Soccer games / GYM 2	Basketball games: GYM 1	Building healthy communities
	4:30 pm—5:30 pm	4:00 pm—5:00 pm		4:00 pm—5:00 pm	3:00 pm—4:00 pm	
	GYM 2	Youth Empowerment Initiative Youth Room			Badminton/Table Tennis/ MP 1 &2	
		4:00pm -5:00pm			4:00 pm—6:00 pm	
15	16	17	8	19	20	21
Building healthy communities	Youth Activities:	Teens Tuesday:		Youth Activities:	Youth Night:	(a A a A a
	Floor Hockey	Badminton/Table Tennis-MP1&2		Table Tennis & Badminton	Basketball games: GYM 1	Keeping Children & Youth Safe Safe Environment Program
	4:30 pm—5:30 pm	4:00 pm—5:00 pm		4:00 pm—5:00 pm	3:00 pm—4:00 pm	
	GYM 2	Youth Empowerment Initiative Youth Room		Multipurpose Room 2	Badminton/Table Tennis/ MP 1 &2	
				William pose Room 2	4:00 pm—6:00 pm	Sale Environment rogium
20		4:00pm -5:00pm	0.5	00	0=	
22	23	24	25	26	27	28
	Youth Activities:	Teens Tuesday:		Youth Activities:	Youth Night:	Building healthy communities
	Floor Hockey	Badminton/Volleyball- GYM 2 4:00 pm—5:00 pm		Soccer games / GYM 2	Basketball games: GYM 1	
	4:30 pm—5:30 pm	Youth Empowerment Initiative		4:00 pm—5:00 pm	3:00 pm—4:00 pm	
	GYM 2	Youth Room			Badminton/Table Tennis/ MP 1 &2	
		4:00pm -5:00pm			4:00 pm—6:00 pm	
29	30	31				
	Youth Activities:	Teens Tuesday:				
Building healthy communities	Floor Hockey	Badminton/Table Tennis-MP1&2				•
	4:30 pm—5:30 pm	4:00 pm—5:00 pm				
	GYM 2	Youth Empowerment Initiative				
		Youth Room				
		4:00pm -5:00pm				



Where & when to meet?

For all programs please check-in at the membership desk 5- 10 minutes before program begins.

For more information contact: Jennifer Obeng Email: jennifer.obeng@calgary.ymca.ca
Tel: 403-537-2718

Age of "Youth" "Youth" programs are designated for Ages 12 and up.

Red—Membership or Drop-in fee required

Blue—FREE Program—No Membership or Drop-in fee required