

# YMCA CALGARY | Shawnessy Climbing Wall | July 5 - August 28

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00	Day Camps 9:00-1:00	Day Camps 9:00-1:00	Day Camps 9:00-1:00	Day Camps 9:00-1:00	Day Camps 9:00-1:00	First Ascents 10:30-12:00	Wall Closed
9:30							
10:00							
10:30							
11:00							
11:30							
12:00							
12:30	Open Climbing 12:00-2:00						
1:00							
1:30	Wall Closed	Wall Closed	TRX Class 1:00-1:30	Wall Closed	Wall Closed	Group Bookings 2:00-3:00	
2:00	Daycamps 1:30-3:30	Daycamps 1:30-3:30	Daycamps 1:30-3:30	Daycamps 1:30-3:30	Daycamps 1:30-3:30		Group Bookings 3:00-4:00
2:30							
3:00	Wall Closed		Wall Closed	Wall Closed			
3:30							
4:00							
4:30	TRX Class 4:45-5:30						
5:00							
5:30	Hangdogs 5:00-6:30		Frist Ascent 5:00-6:30				
6:00							
6:30	Open Climb 6:30-9:30		Open Climb 7:30-9:30				
7:00				Bugaboos 6:30-7:30			
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							

**ADDITIONAL NOTES:**

- Open Climbing participants must climb with a belayer
- Belayer must have passed a YMCA Belay test
- Schedule is subject to change
- Belayers are not provided by YMCA
- Contact Youth Director at 403-254-3215 for more info
- Climbing Wall is closed on Statutory Holidays



YMCA